

INSIDE LINGS

Village Edition - August 2025

FREE
To Homes &
Businesses - Every Month



INSIDE
This Issue:



REVIEWS | LIFESTYLE | FOOD | TRAVEL | HEALTH

Welcome...



to our bumper August edition of "Inside Lincs Magazine", with even more local businesses and interesting articles. Inside Lincs magazine - your number 1 free magazine.

We deliver a massive 18,000 magazines, free **EVERY MONTH** in Lincoln & surrounding Villages, we are Lincoln's BIGGEST monthly title, that's actually a "Readable magazine" - not just an "Ad-Mag" with the "same old, same old" month in, month out!!

See our web site for Areas we cover:
www.insidelincs.co.uk/where we go

Once again this issue is full to bursting point

with great local businesses that you can call upon at any time. Just keep our magazine safe for the month and should you need a plumber, plasterer, Garage to fix your car, a gardener, somewhere to go for a family day out, to name just a few, then look no further than our handy little magazine.

By doing this you will also be supporting local businesses and keeping our communities thriving.

On top of all this you will find our usual, monthly Recipe, "House to Home", holiday review, film reviews, puzzle pages and lots lots more.

We hope you enjoy this month's issue and see you all next month.

Sherri v

CONTENTS...

Published by Inside Magazines.

- | | |
|---------|--------------------------------|
| 3 - 7 | Care In The Community |
| 12 | Recipe - Baked Ricotta |
| 15 | What is a Mortgage? Part Three |
| 18 | It Happened This Month |
| 21 | General Knowledge Quiz |
| 22 | August Tech |
| 24 - 32 | Home Improvements |
| 36 - 38 | Gardening |
| 41 | Horoscopes and much more.... |



Pages 8 & 9



Pages 34 & 35

ARTWORK DEADLINE: 19TH OF EACH MONTH

Telephone: 01522 394438

Mobile: 07856 376061

Email: sherri@insidelincs.co.uk

Web: www.insidelincs.co.uk

FOLLOW US ON



Copyright: No part of this publication may be reproduced, resold or stored in a retrieval system without the express permission of "Inside Lincs Magazine"

Adverts: When providing advertising copy, artwork or photographs from existing sources, it is our customers' responsibility to ensure that all the appropriate permissions regarding copyright have been obtained from the originator. Inside Lincs Magazine accepts no liability for copyright issues regarding adverts published in good faith.

PAT COOK FUNERAL SERVICES

312 Newark Road North Hykeham LN6 8JX
Tel: 01522 243450



- Exclusive offer in our in-house service chapel.
- Now established in North Hykeham.
- Order of service **FREE**
- Visual tributes **FREE**
- Service of a qualified officiant **FREE**
- Music of your choice **FREE**

No time restrictions on services.

We offer this service seven days a week

For more info visit: www.patcookfuneralservices.co.uk

All this for just **£2,500**

*Terms and conditions apply





Dementia: Definition, symptoms and causes

Part two

DEMENTIA is a term used to describe the symptoms that occur when there's a decline in brain function.

Dementia is not a single disease. There are different diseases that can cause dementia. Many of these diseases are associated with an abnormal build-up of proteins in the brain.

This build-up causes nerve cells to function less well and ultimately die. As the nerve cells die, different areas of the brain shrink.

Causes of Alzheimer's disease

Alzheimer's disease is the most common type of dementia.

Alzheimer's disease is thought to be caused by the abnormal build-up of 2 proteins called amyloid and tau.

Deposits of amyloid, called plaques, build up around brain cells.

Deposits of tau form "tangles" within brain cells.

Researchers do not fully understand how amyloid and tau are involved in the loss of brain cells, but research

into this is continuing.

As brain cells become affected in Alzheimer's, there's also a decrease in chemical messengers (called neurotransmitters) involved in sending messages, or signals, between brain cells.

The symptoms that people develop depend on the areas of the brain that have been damaged by the disease.

The hippocampus is often affected early on in Alzheimer's disease.

This area of the brain is responsible for laying down new memories.

That's why memory problems are one of the earliest symptoms in Alzheimer's.

Unusual forms of Alzheimer's disease can start with problems with vision or with language.

Causes of vascular dementia

Vascular dementia is caused by reduced blood flow to the brain, which damages and eventually kills brain cells.

This can happen as a result of:

- narrowing and blockage of the

small blood vessels inside the brain

- a single stroke, where the blood supply to part of the brain is suddenly cut off

- lots of "mini strokes" that cause tiny but widespread damage to the brain.

Not everyone who has a stroke will go on to develop vascular dementia.

Causes of dementia with Lewy bodies

Lewy bodies are tiny clumps of a protein called alpha-synuclein that can develop inside brain cells.

These clumps damage the way the cells work and communicate with each other, and the brain cells eventually die.

Dementia with Lewy bodies is closely related to Parkinson's disease and often has some of the same symptoms, including difficulty with movement and a higher risk of falls.

Next month: We look further into the causes of dementia.



St Joseph's Property Solutions LTD

WORRIED ABOUT OLD AGE



If anything happened to you tomorrow – would you want to make sure you're hard earned Savings, Assets & Property went to your family and friends, and 'NOT' to the State?

Are you worried about having to sell property to pay substantial / extortionate care home costs?

The Government keep promising to make changes to help you in these difficult times, but nothing seems to be happening – you need to protect yourself and your family. NOW!

St.Joseph's Property Solutions has been providing effective and professional advice for over 20 years.

St.Joseph's are here to help and assist you, we are specialists in Probate - Wills & Trusts.



Please feel free to pop into our new Bailgate Office for a FREE no obligation face to face chat over coffee & cake. If you prefer to have an old fashioned Home Visit simply call the office to arrange a date.

We look forward to being of service to you.

38 The Bailgate, Lincoln LN1 3AP

www.stjosephs-property-solutions.co.uk | info@stjosephs-property-solutions.co.uk

Tel: 01522 526413 | 01832 864020 | Mob 07580634449



Your hearing matters to us

- ✓ Earwax removal by Microsuction
- ✓ Free hearing tests
- ✓ Great value hearing aids
- ✓ Invisible hearing aids
- ✓ Free, easy parking
- ✓ Home visits available

£10 off
earwax removal
in August 2025

Contact us:
01522 275060
info@bailgatehearing.co.uk

Find us at:
Greetwell Place, 2 Lime Kiln Way
Lincoln, LN2 4US
(Opposite County Hospital)

Book today: www.bailgatehearing.co.uk



MCFHP MAFHP
REBECCA DAVIES

Registered Foot Health Professional

Kings street, off Lincoln high street, LN5 7SE

TREATMENTS:

- Foot Health Advice
- Diabetic Foot Care
- Callus
- Verrucas
- Corns
- Toenail and routine foot care
- Fungal Nails
- Cracked Heels
- Ingrown Toenails
- Neurovascular Assessments

Call Rebecca

Mob: 07966 575 461

Email: beckwebb@yahoo.co.uk



Rebecca Davies Foot Health Professional

BEYOND WEALTH

The healthy way of retaining nutrition whilst cooking and removing pesticides from our food in the preparation

Do you know that the average home could be losing up to 85% of nutrition because of how food is prepared and cooked
If you want to know more book for a

free quick session by
calling: **07552 708145**

How to cook to save energy and to retain nutrition in cooked food.

Time saving while cooking.

Reducing any chemical reactions from the cooking and how to get alkaline water.

This can do all your cooking.

brought to you by **BEYOND WEALTH**

Wealth is good but HEALTH is more important.



Alkaline
Water



93%
Nutrition
Retention



70%
Energy
Savings



50%
Time
Savings



0%
Chemical
Reaction





*I never **thought...***

I'd go to a cocktail party until I moved to an OSJCT care home

Are you looking for compassionate residential, respite or day care?

At Ermine House we support all our residents, whether permanent or receiving respite, to retain independence, make their own choices and enjoy life to the full – while always providing them with the highest quality of care for their individual needs.

Want to find out more?

Call **01522 474 570** Visit **osjct.co.uk/erminehouse**

Ermine House, Laughton Way, Lincoln LN2 2EZ

The Orders of St John Care Trust is a not-for-profit charity. Registered charity No. 1048355. Registered in England and Wales with company no. 03073089. Registered office: Eyre Court, Whisby Way, Lincoln LN6 3LQ.



Experience MAURITIUS

MAURITIUS will enchant you, will uplift your soul, making you feel that you belong to the chosen few.

Every visitor enjoys personal attention. Every encounter is an opportunity to discover a friendly face. Behind each smile lies the promise of a unique holiday. The contrast of a multitude of colours

and tastes, the island, set in its turquoise sea, is an oasis of peace and tranquillity.

Mauritius is a melting pot where past and present are smoothly blended together, offering an essential beauty that will stay in your memory forever and compel to return to its shores time and time again.



Things to do

Casela Nature Park Spanning over 350 hectares and divided into five unique zones, visitors can enjoy a safari-style experience and get up close to wildlife, including giraffes and camels. Thrill-seekers can go zip-lining, ride a summer luge, and even jump off a 45-metre platform into a canyon on a swing.

Odysseo Oceanarium Finding Nemo fans will love Odysseo, an oceanarium located in the Mauritian capital of Port Louis. Visitors can enjoy shark encounters, feed majestic stingrays and experience virtual marine life with 3D projections and cutting-edge tech.

Blue Safari Submarine The fleet of two submarines can dive to 35 metres where passengers can peer out at the colourful fish, coral, crab and stingray, while a knowledgeable pilot talks you through this magical underwater world.

Wakeboarding With roots in water-skiing, snowboarding and surfing, this is great for board-sports, extreme sports and skateboard lovers. Riders stand on a wakeboard which is attached to and pulled along by a motorboat, with experienced riders attempting aerial tricks. Expect to fall off plenty – but that's all part of the fun.

Central Flacq Market

Located in Central Flacq in the northeast of the island, the market is an authentic slice of Mauritian life. Locals shop for fresh produce with stallholders shouting out

their prices and trying to vie for your attention. You can smell freshly-cooked street food and browse stalls offering souvenirs and clothing.

Coin de Mire

See the rust-orange cliffs from the water, where seabirds such as the graceful red-tailed tropicbird or wedge-tailed shear-water soar and swoop above you.

Coin de Mire is also known for its amazing snorkelling opportunities. You'll be in with a chance of seeing some of the reef's most curious creatures, from damselfish to moray eels; and you might be lucky enough to see a turtle or passing pod of dolphins.

Private catamaran cruise

Laze in a net above glistening waters as you whip across the ocean, gazing out at lush islands and white-sand beaches. Drop anchor at secluded spots to swim and snorkel, then jump back on board to tuck into a tropical lunch of fresh salads and juicy fruits.

Blue Bay Marine Park

Blue Bay Marine Park is recognised for its exceptional underwater seascape and unique coral garden. This protected marine reserve is the perfect place for snorkelling due to its calm, shallow waters and clear visibility. Enter the water and spot a brain



coral garden teeming with butterfly fish and damselfish or admire it all from the comfort of a glass-bottom boat. Keep an eye out for turtles and dolphins, too.

St Felix Beach

Renowned for being one of the best beaches on the south coast of Mauritius, it's one of the quieter beaches on the island, with only a few hotels, snack bars and sports courts edging its milky-coloured sands.

This picturesque spot is blessed with clear aqua waters, its soft and wide sandy beach offering plenty of space for beach sports.





**SUPPORT
LOCAL
BUSINESS**

TRAVEL CHAPS
Honest Fabulous Holidays

01522 287782

WWW.TRAVELCHAPS.CO.UK

Welcome

YOUR ADVENTURE BEGINS



WE ARE NOW OPEN

Your favourite Local Independent Travel Agent,
is now on the Lincoln High Street!

- ✓ Expert professional travel advice
- ✓ ABTA & ATOL Protected Holidays
- ✓ Personal service – face-to-face or virtual
- ✓ 5* Rated on Google & Facebook



10 Newport, Lincoln, LN1 3DF



01522 - 287782



holidays@travelchaps.co.uk



travelchaps.co.uk



£100 OFF

**DISCOUNT
VOUCHER**

HONEST FABULOUS
HOLIDAYS

VALID UNTIL **13.12.2025**



T&Cs Apply
Vouchers are non-transferable and cannot be
exchanged for cash or in conjunction with another
voucher - Maximum Spend £1,000



01522 - 287782
holidays@travelchaps.co.uk
travelchaps.co.uk

FREE HEARING TEST

Hear the little things in life
with the latest comfortable & invisible aids

CLAIM YOUR
SPECIAL
HEARING AID
DISCOUNT*
quote ref
ILIN

Helping people to hear since 1936

- ✓ Free aftercare
- ✓ Rechargeable options
- ✓ Trusted for years
- ✓ Free parking
- ✓ Discreet tech
- ✓ Wax removal service

 **SOUND ADVICE**
hearing centre

Trouble hearing? Then contact us today!

12 Grantham Rd, Bracebridge Heath
Lincoln LN4 2LD

t: **01522 686114**

7 Church Lane, Horncastle
Lincolnshire LN9 5HW

t: **01507 524244**

www.soundadvicehearing.co.uk

BAKED RICOTTA WITH CHERRY TOMATOES, CHILLI AND SESAME



INGREDIENTS

- 3 tbsp olive oil, plus extra to grease
- 500g ricotta
- 2 medium free-range eggs
- 60g parmesan (or veggie equivalent), finely grated, plus extra to serve
- 2 large pinches dried oregano
- 400g cherry tomatoes, halved
- Good bread or baguette to serve (optional)

For the dressing

- 2 tbsp sesame seeds
- 1 cinnamon stick, snapped in half
- 1 star anise
- 3 tbsp olive oil
- 1 shallot, finely chopped

- 2 garlic cloves, finely chopped
- 1-2 tsp chipotle flakes
- 2 large tomatoes, coarsely grated

METHOD

ONE: First, make the dressing. Toast the sesame seeds, cinnamon and star anise in a small frying pan over a medium heat for 2-3 minutes, shaking the pan every now and then, until the seeds are golden brown. Add the olive oil and heat for 1 minute. Add the shallot and garlic, then fry for 1 minute until fragrant. Stir in the chipotle flakes and grated tomato, heat through, then season with salt and pepper. Set aside.

TWO: Heat the oven to 170°C fan/gas 5 and brush the inside of an oven dish with olive oil. Mix the ricotta with the eggs, parmesan and half the oregano, then season with salt and pepper. Spoon the mixture into the oven dish and bake for 30 minutes until puffed in the middle and browning.

THREE: Meanwhile, mix the cherry tomatoes with 1 tbsp olive oil and the remaining oregano. Season, then tip the tomatoes into a snug-fitting oven dish and roast for about 30 minutes or until golden, juicy and bubbling.

FOUR: Serve the ricotta topped with the roasted tomatoes and sprinkled with the chilli dressing.

Serves: 4 Prep: 15mins Cook: 30 mins

Marston & Pask Fencing and Garden Services

What We Do:

- Tree Pruning and Removal.
- Hedge Trimming and Removal.
- Fencing.
- Garden Maintenance.

**Family Run Business
with over 40 Years Experience.**

Call: 01522 693214 - 07398 685528

DOG WALKING SERVICE'S

Call: 07940 927591



**I'm fully licensed; Fully insured
and totally trustworthy
Highly competitive rates**

DT Roofing Services

- Fibreglass Flat Roofing
- Fascias & Gutters

**25 YEAR
GUARANTEE**

- Tiled Roofs (renew or repair) • Chimney/Leadwork

FREE guttering on all fascia replacement

(M) 07842 690963

(E) tebbdave1@gmail.com

**FIBRE GLASS
FLAT ROOFING
WITH A 25 YEAR
GUARANTEE!**



Surface Cleaning and Restoration

**CALL FOR
FREE
ADVICE &
QUOTATION**



- HIGH PRESSURE CLEANING, DRIVEWAYS, DECKING, PATIOS & NATURAL STONE
- PROFESSIONAL SEALANTS & PRE-TREATMENTS
- PATTERN IMPRINTED CONCRETE
- TARMAC & ASPHALT

ECO FRIENDLY/NON TOXIC METHODS USED



Find us on
Facebook



DCS CLEANING
SURFACE CLEANING SPECIALIST

tel: 01522 779276

e: info@dcs-clean.co.uk www.dcs-clean.co.uk

10% discount with this advert

Save Money With Cloudy2Clear. Your Local Glazing Experts!

Finance
Options
Available

As the foremost domestic glass replacement company in the UK for more than 20 years, Cloudy2Clear Windows are the leading name in the industry. There is now no need for you to risk your windows by using the dreaded double glazing cowboy down the street. You can join over 344,000 happy customers and replace your glass ethically and affordably. If you have a failed glass unit it may not provide you with the protection you need, or be as energy-efficient as it once was. Why not take a minute to check your home to see if any double glazing has failed? Taking action now can prevent future financial problems.

When talking to the Manager of Cloudy2Clear Richard Burke it became evident that the value of saving their customers money

has been held dear for a number of years. In addition since starting the business in 2005, Cloudy2Clear have committed to supporting the local community by providing a service that saves the public both time and money.

The Cloudy2Clear service only requires the glass to be replaced and not the whole window once the unit has failed. Richard commented "By doing this we make the customer considerable savings and there is much less upheaval in the family home. Also, whether communities find themselves in a financial crisis or not, saving money when you don't need to waste it is always the sensible option, and our service does just that".

For a free quotation please call 0800 61 21 118 or visit www.cloudy2clear.co.uk.

“

Ask me about our fantastic Energy Saving Glass.

”



Have Your Windows Steamed Up?

Finance
Options
Available

Replace just the failed glass unit!

All glazing backed by our

**25
YEAR
GUARANTEE**

Looking to upgrade your existing windows and doors? UPVC, composite or aluminium.

Contact us NOW!



Checka
trade



Get a FREE Quote

Specialists in timber frames & Amdega conservatory restoration

Faulty locks, handles or hinges?

**cloudy2CLEAR
WINDOWS**

Glass, it's better when it's clear!

Priority freephone

0800 61 21 118

www.cloudy2clear.co.uk

Glass, it's better when it's clear!



What is a mortgage?

Part Three

IN the final part of our mortgage series, we look at, among other things, the reasons most of us need mortgages.

Why do we need mortgages?

The price of a home is often far greater than the amount of money that most households save. As a result, mortgages allow individuals and families to purchase a home by putting down only a relatively small down payment, such as 20% of the purchase price, and obtaining a loan for the balance. The loan is then secured by the value of the property in case the borrower defaults.

Can anybody get one?

Mortgage lenders must approve prospective borrowers through an application and underwriting process. Home loans are only provided to those with sufficient assets and income relative to their debts to practically carry the value of a home over time. A person's credit score is also evaluated when deciding to extend a mortgage. The interest rate on the mortgage also varies, with riskier borrowers receiving higher interest rates.



Fixed or variable rate

Many mortgages carry a fixed interest rate. This means that the rate will not change for the entire term of the mortgage, typically 15 or 30 years, even if interest rates rise or fall in the future. A variable- or adjustable-rate mortgage (ARM) has an interest rate that fluctuates over the loan's life based on what interest rates are doing.

How many mortgages can I have on my home?

Lenders generally issue a first or primary mortgage before allowing

a second one. This additional mortgage is commonly known as a home equity loan. Most lenders don't provide for a subsequent mortgage backed by the same property. There's technically no limit to how many junior loans you can have on your home as long as you have the equity, debt-to-income ratio, and credit score to get approved for them.

Why is it called a mortgage?

The word "mortgage" comes from Old English and French, meaning "death vow." It gets that name since this type of loan "dies" when it is either fully repaid or if the borrower defaults.

The bottom line

Mortgages are an essential part of home buying for most borrowers who aren't sitting on hundreds of thousands of pounds of cash to buy a property outright. Different types of home loans are available for whatever your circumstances may be. Different government-backed programmes allow more people to qualify for mortgages and make their dream of homeownership a reality, but comparing the best mortgage rates will make the home-buying process more affordable.

PBFS

PEST CONTROL SERVICES

ALL PESTS

- WASPS • RATS • MICE
- ANTS • FLEAS • FLIES



GUARANTEED RESULTS
For a local, professional
and caring service
Contact PAUL

Tel: 01673 849925

Mob: 07867 558 318

Email: pbfspestcontrol@aol.co.uk

www.pbfspestcontrolservice.co.uk

the.ovencharmer

The Oven Charmer

THE OVENCHARMER

— PROFESSIONAL OVEN CLEANING —

PROFESSIONAL OVEN CLEANING

Covering **Lincolnshire**
& **Nottinghamshire**

- NO HARSH CHEMICALS
- ECO-FRIENDLY PRODUCTS
- NO MESS
- FAST & FRIENDLY SERVICE



CALL NOW TO GET BOOKED IN!

07716 273 320

info@theovencharmer.co.uk

completecare Dental Clinic **NOW OPEN AT 19, THE FORUM, NORTH HYKEHAM**
REGISTERING NEW PATIENTS



Independent Dental Practice in North Hykeham, Lincoln

Complete Care dental clinic are an independent practice registering new patients - we are based on the forum in North Hykeham we offer all general dentistry, cosmetic, implants, dentures, tooth whitening and hygiene services - we are pleased to now offer implant retained dentures - And also Facial Aesthetics.

All ground floor disabled access

Saturday morning
appointments available
Please Call **01522 688411**



WWW.COMPLETECAREDENTAL.CO.UK

HEARING BETTER IS EASY

Free Hearing Tests - Competitive Prices

Why Choose Claire...

- Over 35 years experience
- Independent & impartial advice
- The latest hearing aids
- Exceptional aftercare
- 60 day trial on all hearing aids
- No GP referral required
- Home visits are available



Both daytime and evening appointments are available at the Lincoln Private Hospital.
To book an appointment with Claire, your local independent hearing aid consultant, please call on
01522 567 081 or 07947 637 474

EASY FREE PARKING

Claire Armitage, The Lincoln (Private) Hospital,
Nettleham Road, Lincoln LN2 1QU

www.clairearmitage.co.uk

Email: clairearmitage.rhad@btinternet.com

FILMS

AUGUST'S PICKS

Freakier Friday

- **In cinemas:** August 8, 2025
- **Director:** Nisha Ganatra
- **Starring:** Jamie Lee Curtis, Lindsay Lohan, Chad Michael Murray
- The story picks up years after Tess (Curtis) and Anna (Lohan) endured an identity crisis. Anna now has a daughter of her own and a soon-to-be stepdaughter. As they navigate the myriad challenges that come when two families merge, Tess and Anna discover that lightning might indeed strike twice.



The Naked Gun

- In cinemas:** August 1, 2025
- **Director:** Akiva Schaffer
 - **Starring:** Liam Neeson, Pamela Anderson, Paul Walter Hauser
 - In this re-boot of the 1988 original, Detective Frank Drebin Junior (Liam Neeson), following in the footsteps of his bumbling father, must solve a murder case to prevent the police department from shutting down.

Nobody 2

- **In cinemas:** August 15, 2025
- **Director:** Gareth Edwards
- **Starring:** Bob Odenkirk, Connie Nielsen, Christopher Lloyd
- Workaholic assassin Hutch Mansell takes his family on a much-needed vacation to the small tourist town of Plummerville. However, he soon finds himself in the crosshairs of a corrupt theme-park operator, a shady sheriff, and a bloodthirsty crime boss.





THIS MONTH...



...in

1945 Japan surrenders

Japan officially surrendered to the Allied forces on September 2, 1945, formally ending World War II.

The formal surrender ceremony was held on 2 September, aboard the U.S. Navy battleship USS Missouri, at which officials from the Japanese government signed the Japanese Instrument of Surrender, ending hostilities with the Allies. Allied

civilians and military personnel alike celebrated V-J Day, the end of the war in the Pacific; however, isolated soldiers and other personnel from Japan's forces scattered throughout Asia and the Pacific refused to surrender for months and years afterwards, some into the 1970s.

The atomic bombings undoubtedly played a part in Japan's unconditional surrender. The state of war formally ended when the Treaty of San Francisco came into force on 28 April 1952, formally ending their state of war.

...in 1900 Coca-Cola sold in UK for the first time

Coca-Cola was first sold in Britain on August 31, 1900. It was initially available through soda fountain outlets, including Selfridges and The London Coliseum. While it was sold in Britain earlier, it wasn't until the 1920s that bottled versions became widely available.

It originated when American Confederate Colonel John Pemberton, wounded in the American Civil War and addicted to morphine (and also had a medical degree) began a quest to find a substitute for the problematic drug. In 1885 at Pemberton's Eagle Drug and Chemical House, his drugstore in Columbus, Georgia, he registered Pemberton's French Wine Coca nerve tonic.

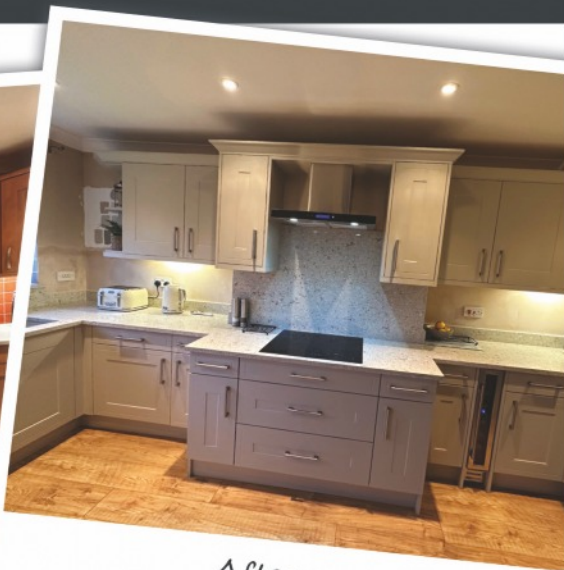


Transform Your Kitchen

save
£250
with this advert



Before



After

Why Replace Your Kitchen When
You Can Simply Replace The Doors?



100s OF STYLES AND COLOUR COMBINATIONS AVAILABLE

(Plinth, Panels & Worktops Also Available)

Call us for a FREE quotation

01522 458 141

www.kitchenmakeovers.co.uk



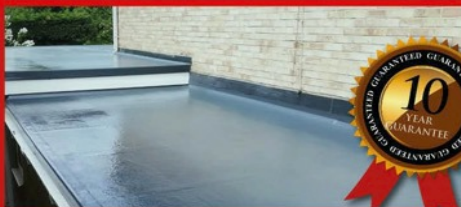


**Kingston Roofline is a local family run business
with over 25 years experience in the roofing industry**



- Roof Repairs
- New Roofs
- Pitched Roofing
- Fibreglass Roofing
- Fascias/Soffits
- Guttering
- Rubber Roofs
- Flat Roofing
- Dry Ridge
- Dry Verge

1 MILLION POUND LIABILITY INSURANCE



Tel: 01522 717551
Mob: 07486 929377
Email: info@kingstonroofline.co.uk
Web: www.kingstonroofline.co.uk

SCAN FOR MORE
INFORMATION



Checkatrade.com **Google** Find us on **f**

- ✓ **10 YEAR GUARANTEE**
- ✓ **NO DEPOSIT REQUIRED**
- ✓ **PAYMENT ON COMPLETION**



P_T

DISTRIBUTION

Magazine and Leaflet Distribution

**Our dedicated team covers over 25,000
homes in the Lincoln area every month**

*For all you leaflet distribution needs
and for a service you can trust.*

**We never ask for money up front,
only after your job is completed.**

Whatever your business, we
can get your promotions/offers
etc into every household in
your required area, let us
distribute your next campaign
and get you results.



**Call Paul For a Free Quote
on 07913 605127**

Email: paul@ptdistribution.co.uk
www.ptdistribution.co.uk



**J. Roach
Roofing Services**

**All types of roof repairs.
No job too small.**

**Call Jim Roach on:
01472 399 405 or 07930 641 008**

- | | |
|-----------------|------------------------|
| New roofs | Gutters |
| Flat felt roofs | Down pipes |
| UPVC fascias | Pointing ridges/stacks |
| Soffits | Lead work |

**Specialists in Over Cladding
Asbestos Roofs**

ANSWERS
ON PAGE
39

General knowledge quiz

1 What was the name of the Bronze Age civilization which grew up on and around the island of Crete in the Mediterranean?

2 Saint Petersburg, Stockholm, Helsinki and Riga are all cities situated on which sea?

3 Which film has the following as its last line - "I do wish we could chat longer, but... I'm having an old friend for dinner. Bye."

4 Shirley Crabtree Jr was a huge presence on the UK wrestling scene under what name?

5 What was the Manhattan Project?

6 In which city is the famous Edvard Eriksen

statue,
The Little Mermaid?

7 Which book by Ray Bradbury starts with the words - 'It was a pleasure to burn.'

8 What is the capital city of Canada?

9 Which actress, writer and producer wrote the first

series of Killing Eve and was the creator and writer of Fleabag?

10 In 1953 Edmund Hillary was the first man to reach the summit of Everest along with which other person?



Football boot TECH

With the new football season back again - for players and fans alike - we take you through the tech involved with the major brands' new models ...and the prices!



£220



ADIDAS ELITE+

Built for the pros, the Predator 25 Elite features technologies like the HybridTouch 2.0 upper, which delivers a premium, soft feel and unparalleled control. The Strikeskin Fins provide a unique grip for striking, giving players confidence in their kicks. The Primeknit collar wraps the foot for a locked-in, laceless fit that still offers flexibility. This is a boot for advanced players.



£245



NIKE ELITE

Nike's Elite boots feature the most advanced technology, designed for players who demand the best. The Flyknit upper provides a lightweight, sock-like fit, allowing for maximum flexibility and responsiveness, while All Conditions Control (ACC) ensures consistent ball control, no matter the weather. The Aerotrak soleplate is engineered for explosive power and snap.



£170



PUMA ULTIMATE

The Ultra Ultimate is Puma's top-tier boot, featuring a lightweight Ultraveave upper that wraps snugly around the foot for a natural, second-skin feel. The GripControl Pro-coating enhances ball control at high speeds, and the SpeedUnit soleplate, inspired by running spikes, offers excellent traction and acceleration.

GARDEN CARE FOR YOU

- ✓ Grass cuts
- ✓ Hedge Trimming
- ✓ Spring tidy up
- ✓ Garden maintenance

CALL NOW
07940927591



- Drylining
- Skirting & Architraves
- Painting & Decorating
- General home jobs
- Fencing
- Shed bases and building
- Shed Ply Lining
- General Garden Jobs
- Plus many more**

We provide a range of home and garden services tailored to your needs

Contact 01522 698957 / 07598868425

THE SMALL JOBS COMPANY

NO JOB TOO SMALL

- PLUMBING
- DECKING
- MADE TO MEASURE BLINDS
- BATHROOMS
- KITCHENS
- OUTSIDE BUILDINGS
- CCTV / HOME SECURITY
- SMALL ELECTRICAL WORK
- FURNITURE BUILDING
- GARAGE CONVERSIONS
- WOOD WORK / JOINERY
- FLOORING
- TILING
- EMERGENCY CALL OUTS



FREE
NO
OBLIGATION
QUOTES

Please telephone
Mike on
07432 870012
or Paul on
07494 532695

Find us on Facebook

www.smalljobscompany.co.uk

ODD JOBS • GOOD JOBS • ALL JOBS • SMALL JOBS





SOLAR PANEL BIRD PROOFING

Protecting solar panels from pigeons and other birds is important to ensure the panels efficiency and longevity. Pigeons may perch on or nest under solar panels, causing various issues such as damage, reduced sunlight exposure, and potential for bird droppings to accumulate.

BOOK NOW

Call us for a quote
07707727770

www.pest-detective.com

NETTLEHAM BLOCKPAVING & FENCING

- Block Paving
- ✓ Driveways
- ✓ Patios
- ✓ Footways
- All Types of Fencing
- Shallow Drainage
- Kerb & Concrete Edgings
- Gravel Drives
- Hard Landscaping



Call Alan Ward For a FREE Estimate

Tel: 01522 807665

Mob: 07733 366509



AIR CONDITIONING

What you can expect to pay and how to keep costs low

HAS the recent heatwave made up your mind that you need a permanent cooling solution at home?

If it has, then one of the deciding factors will be finding out how much it costs to install air conditioning, and what kind of ongoing costs you might face.

While one of the best portable air conditioners is an option, these can be noisy to use, heavy to move and need venting out of a window.

A built-in air conditioning solution, on the other hand, can offer quiet operation and keep windows and floor unencumbered, but you will have to carefully consider the aesthetic compromise you will need to make with a permanent installation.

How much does it cost to install air conditioning?

Installing air conditioning in a single room in the UK usually falls between £1,500 and £2,500, depending on the unit type and how complex the job is. Wall-mounted units are

often the go-to as they're quicker and more straightforward to install. That price includes both the unit and professional installation, which typically takes about four hours if the setup is straightforward.

If you want to source the single split kit (comprising of one indoor unit and one outdoor unit) and labour separately, you can expect to pay between £150-200 per day - more if the installation is more complex.

In more than one room?

To install air conditioning in more than one room, you will need a multi-split system. This will include a sufficiently powerful

outdoor unit and multiple indoor units, which will understandably come at a higher cost.

A multi-split system that covers two to three rooms might come in around £3,000 to £5,000, depending on the setup. If you're cooling four to six rooms, especially with more advanced units or tricky layouts, costs can reach £9,000 or more.

Ongoing costs

The biggest ongoing cost for a permanent air conditioning system will be the electricity it takes to run it.

A single split system with a 3.5kW outdoor unit will cost around 90p per hour to run (based on the energy price cap for electricity being 25.73p per kWh between 1 June and 30 September 2025), but being tactical about how you use your air con will help to keep these costs under control. Blasting the air on full on the coldest temperature setting in the height of summer will cost more than if you choose a slower fan speed and warmer temperature.

Similarly, keeping doors and windows closed while your air con is running will ensure you keep the air you generate contained where you want it.



Have your kitchen doors, drawers and furniture sprayed in any colour, using kitchen grade durable lacquer for a new look

Go to our website - click on View Our Prices for an idea of cost or give us a call



GIVE YOUR EXISTING KITCHEN A NEW LEASE OF LIFE...

A NEW LOOK KITCHEN AT A FRACTION OF THE COST



Gallant Restorations

Contact us on **01427 668080** | **07971 422159**

paula@restorers.org.uk | **www.restorers.org.uk**

10E Gibson Road, Hemswell Cliff, Lincolnshire DN21 5TL

MARRIOTT SKIP HIRE



Hire a skip with Marriott Skip Hire...

- Mini, midi, medium & maxi skips available
- Prompt and reliable service ■ Local skip hire, competitive rates
- Evening & weekend delivery & collections

Call today on 07899 985137 or 01673 828641

FLAT ROOFING SOLUTIONS



WE OFFER:

- ▶ A 25 Year Guarantee
- ▶ Commercial or Residential
- ▶ New Roof or Re-board
- ▶ UPVC Fascia & Guttering
- ▶ High Quality
- ▶ Friendly & Professional
- ▶ Competitive Prices



We are a family business with over 40 years combined experience in Fibreglass manufacturing & pride ourselves on providing a friendly, reliable & professional service to all our customers



Call **TODAY** on:

01522 500711 or 07828 296 829

E: candcfibreglass@outlook.com or visit us at: www.candcfibreglass.co.uk



TIME TO RECLAIM YOUR LOFT SPACE



We are specialists in loft ladders and hatches for easy and safe access to your loft. We can provide boarding, lighting and insulation solutions. Call us now to find out how we can help you turn your lost space into a really useful loft space.



WHAT MAKES US DIFFERENT

- No waiting around. We arrive on time, every time
- Lifetime Guarantee
- Reliable, local company working in your home
- Extra confidence because we are accredited by Which? Trusted Traders
- Absolutely no mess and no fuss



Call Matt to book a FREE survey & quotation WWW.ACCESS4LOFTS.CO.UK

01522 284 402



H&L GARDEN MAINTENANCE



- Patios • Paths • Driveways • Fencing • Gates
- Decking • Pergolas • Turfing • Artificial grass
- Timber framed structures • Raised beds
- Decorative aggregates

Environment agency registered waste carrier, fully insured, all work guaranteed

For a free no obligation quote, contact Mike on 01522 398942 or 07827 389334
LandscapePro1978@outlook.com



Follow us on instagram

GGS

Gumsley Gas Services



Friendly and local domestic
plumbing and heating engineer

Tel: 07986 969754

- Boiler service and repair
- Boiler installation and system upgrades
- 10% off for OAP / Blue light card
- Smart thermostat installation
- General plumbing works
- Gas safety certificates

Email: ggs.jared@gmail.com

Reference
Inside Lincs
for a discount

LISTERS

TIMBER & BUILDERS MERCHANTS



Timber • Fencing • Decking • Aggregates • Gates
Sheet Materials • Paving • Roofing

71 High Street, Newton-On-Trent, 01522 888784 /
 Lincoln, LN1 2JP 01777 228219

Order online at
listerstimmer.co.uk



Domestic & Commercial

Over 30 Years Experience
 British Gas Approved Contractor

All aspects of plumbing and heating work includ-



- Boiler Replacements
- Heating Installation
- Gas Work
- Boiler Service & Repairs
- Landlord Certificates
- Power Flushing
- Bathrooms
- General Plumbing & Plumbing Repairs

Call Ian for a FREE no obligation quote
On: 07968 259388 / 01522 801730

DOMESTIC • COMMERCIAL • INDUSTRIAL



PROPERTY SERVICES & MAINTENANCE

THE ONLY NUMBER YOU WILL EVER NEED

Established over 30 years

- Garage Conversions
- UPVC Windows, Doors,
- Fascias & Soffits
- Kitchens, Bathrooms & Wet Rooms
- Joinery
- Ceramic Tiling
- Plumbing
- Electrical
- Guttering
- Drainage
- Fencing
- Disabled Needs - Steps, Ramps, Handrails



Preferred Trader

**For Your FREE Quotation & Advice,
 Please Call John Morris**

01522 853192 / 07976 283852

John.morris.property@ntlworld.com

Lincoln's Premier **Fitted Furniture Company**



robes n rails

Give us a call for more info about our
fitted office range, including under stairs storage,
sliding door wardrobes and home studies



Scan to visit
our website

www.robesandrails.co.uk

☎ 01522 692 132

📍 Whisby Road, Lincoln, LN6 3QT

DPP PLUMBING SERVICES

Family run business, no job too small, call us for:

- Tap repairs and replacement
- Leaks, Bathroom refits
- Drainage Problems
- Soil stack replacement
- Specialist in power flushing

Outside taps and many more jobs

Contact us

Mob: 07748 122137

Email: dppplumbing@hotmail.com

Antony Dobson Joinery & Building.

- ✓ EXTENSIONS & ALTERATIONS
- ✓ FITTED KITCHENS
- ✓ INTERNAL DOORS
- ✓ PATIOS
- ✓ DRIVEWAYS
- ✓ UPVC DOORS & WINDOWS
- ✓ SKIRTING AND ARCHITRAVE

CALL FOR A FREE QUOTE ON:

07867 531 829

CHECK OUT OUR SISTER COMPANY. SERVICES INCLUDE....



**FRIENDLY &
PROFESSIONAL
SERVICE**

Find us on

FOLLOW US ON
Instagram
 ★★★★★
Google

- Roof Cleaning
- Pressure Washing
- Solar Panel Cleaning
- Gutter/Fascia Cleaning
- Gutter Clearing
- Conservatory Roofs

**PRESSURE
WASHING**
FROM
£150



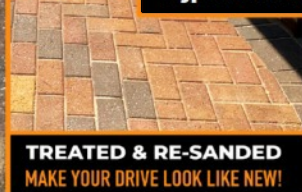
**ROOF
CLEANING**
FROM
£550

FROM THIS - TO THIS!

Call: 07751 686740

jpexteriorcleaning.com

FROM THIS - TO THIS!



**TREATED & RE-SANDED
MAKE YOUR DRIVE LOOK LIKE NEW!**



**ROOF SCRAPE - SOFTWASH
AND BIOCIDES APPLICATION**



F Gary **Foulston**

Home Improvements



**Resin Garage floors with
choice of colours - Resin block
paved Driveways and footpaths,
Porcelain patios.**

Call 01522 432744 • M: 07557 343513

E: garryfoulston@btinternet.com

Choice of Colours

Design Supply Install

- Walk in showers
- Walk in baths
- Wetrooms
- Fitted bedrooms
- Fitted offices
- Fitted kitchens

To suit all budgets!

NO VAT
on bathrooms for
clients with
a disability

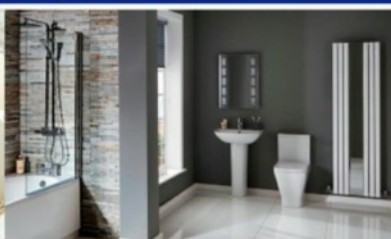
**FREE planning &
design service!**



We use Samsung integrated appliances!



Style Bathroom and Kitchen Specialists



📍 **Visit our showroom today:**

173a Burton Road,
Lincoln LN1 3LW

📞 **T: 01522 527904**

🔍 **bathrooms-by-style.co.uk**

✉ **stylebathroomslincoln@gmail.com**

Open: Mon - Fri: 9am- 5pm Sat: 10am- 4pm

Your conservatory... **Is it too cold in winter?** **And too hot in summer?**



Conservatoryroofs365 have the solution!
Use your conservatory all year round...
Our internal roofing insulation system is also available
leaving your existing roof in place.
Call **Conservatoryroofs365** for your FREE quotation and
look forward to using your conservatory all year round!

Call: 01522 753693
or: 07887 501115

www.conservatoryroofs.net

The Championship play-off final... football's richest game?

SUNDERLAND triumphed in the EFL Championship play-off final in 2025 after defeating Sheffield United 2-1 at Wembley Stadium.

A dramatic finish saw Sunderland score deep into added time to send them back to the Premier League for the first time since 2016/17. The showpiece match, one of the most eagerly anticipated in the English football calendar, has long been dubbed 'the richest game in football'.

The financial rewards of the Premier League are obviously considerable, and while the two automatically promoted teams gain their slice, the high stakes of a one-off, winner-takes-all encounter to join them carries huge allure.

But does the EFL Championship play-off final really live up to its billing as the richest game in football?

What is the EFL Championship play-off final actually worth?

Unlike the Premier League, final placings in the Championship are not a huge determining factor in competition income.

All 24 clubs receive £5million in solidarity payments from the Premier League, with the EFL's central income topping this up to £11m annually. The only differential in income for each club comes from television fees. Clubs chasing promotion, or traditionally bigger clubs - all three of 2024/25's promoted clubs tick both of these boxes - will tend to do better from this, but the difference between clubs at the top and bottom remains negligible.

For the teams placed third to sixth, entry into the playoffs tops up the coffers nicely, with 12.5% of the gate receipts from the four semi-final matches split equally between the quartet.

In the final, the two teams take 25% of the Wembley gate receipts each. In the event of a sell out, that leaves the losing finalist with a consolation pot of around £2m.

Lavish riches only start to flow once promotion is confirmed. Clubs not already in receipt of parachute

payments can expect a minimum 400% annual increase in revenue simply by competing in the Premier League.

Sheffield United, for example, finished bottom of the 2023/24 Premier League table and raked in £109.7m.

Precisely how much a Championship playoff final win is worth to the victors depends upon a variety of factors, from their existing revenue base to where they finish in their Premier League campaign.

Estimates from financial researchers of how much a Championship play-off final win can be worth range from £170m to £300m. Even at the lower end of that scale, this means the match makes good on its 'richest game' tag.

Even the revamped FIFA Club World Cup and its lavish prize fund that guarantees the winner in the region of £120m, does not come particularly close.

FOOTBALL FINANCE



£300million goal: Sunderland's late, late play-off final winner.

RESTORING

£40,000, including the price of buying the car and all of the tools and materials needed. Of course, this is just a ballpark figure, and your project could cost more or less depending on the car you buy and how much work is required.

Finding the perfect car

Choosing a car that can be restored to a high standard while keeping costs down is a balancing act, so shop around and get advice from fellow enthusiasts on classic car renovation forums like OldClassicCar.co.uk.

One of the best places to start your search is classified ads, either in your local paper or online. Sites like eBay and Gumtree can prove a hotbed for bargain classic cars, but make sure you view the car before agreeing to buy.

There are a few things to look for which tell you about its condition and how easy it'll be to restore. As a rule, only buy a complete car that's solid and free from

major damage and rust.

Before and after:
1950s Chevrolet
One-Fifty.

Time and money

If you don't have enough time on your hands, your project will be destined to fail from the off, or else stall long enough to sap the enjoyment out of the whole experience. Make sure you can concentrate fully on the project, without it interfering with your family or work life.

As for cost, the average classic car restoration costs anywhere between £15,000 and

WHATEVER your motivation for restoring a classic car, it is the ultimate labour of love

It also requires time, patience, skill and, of course, a good garage or workshop with the right tools for the job. For a classic car lover, bringing a car back to life is a rewarding experience, and one that could see you turn a profit when you sell the car on.

Here we offer advice on what to consider when starting a project, and provide practical mechanical advice to point you in the right direction, no matter what your previous experience or skills.



A CLASSIC CAR

TIPS AND ADVICE FOR BEGINNERS

While it's possible to replace parts and fix problems, the cost could spiral.

Space, tools and equipment

The biggest outlay you'll face is investing in the tools, equipment and materials needed to complete the renovation to a high standard - and that's after you've found a space large enough to act as a workshop.

Here's what you'll need:

- Screwdrivers • Pliers
- Sockets and a wrench • Sheet metal scissors • Drill and drill bits
- Wire brushes • Floor jack
- Electrical tools (air compressor, voltage checker etc.)

You may also need access to the following:

- Engine crane and engine stand
- Jack stands • Grinder
- Blowtorch • Welder

We recommend hiring these tools when they're needed. Some of the tools require specialist skill and knowledge, so be prepared to get help with certain jobs or else invest in a training course to carry out the work yourself.



Body and paintwork repair

Even if they've been well looked after, classic cars have a tendency to develop faded paintwork as well as damage in the form of rust spots or dinks.

For the most satisfying and effective results, you've got to tackle body and paint restoration head on.

There's no shortcut when it comes to restoring paintwork and body panels, and learning how to hammer out dents and rebuild body panels from scratch requires patience and practice.

Seized components

Even if an old car looks OK on the outside, you can almost guarantee there'll be something that needs attention beneath the bonnet. When left to stand for a long period, moving parts seize due to corrosion and decay. Fluids such as transmission and brake fluid need to be changed at least every two years, or else the systems are liable to fail. If your old car has been left to rot in a shed for years, you might find you have to repair or replace most of its moving parts.

Electrics

Without regular charging, a car's battery will go flat in around four weeks - less in winter. You might even need to replace it completely. As well as this, any electrical components and wiring within the car will need to be checked to make sure they still work. Wires can degrade over time, particularly if they've been exposed to moisture. Mice also have a tendency to chew through internal cables, so always cover and secure your car when it's in the garage or workshop.

Mould

If you spot signs of mould in your car's interior, don't write the car off just yet. Surface mould is actually easy to remove from the interior of a car using a regular cabin cleaning product like **Simoniz Upholstery and Carpet Cleaner**; simply apply the product to the mould and scrub away with a cloth. The presence of mould, however, could indicate that the cabin isn't watertight, and this will need to be plugged to stop mould spreading again in the future.





Is it cheaper to build a pergola... or buy one?

MANY of us are looking to upgrade our garden's shade solutions, and pergolas are without a doubt the best way to do this...

...but in the interest of keeping costs down, it's worth asking - is it cheaper to build a pergola or to buy one? In general, it's much cheaper to build your pergola yourself than to buy a pre-made structure or have a professional come in and build a custom pergola for you. But the cost difference will vary based on materials, size and design complexity.

To build your own wooden pergola, you'll find the materials you need at a builder's merchants or timber yard with square posts starting from £9.00 each. Arguably, you'd need to be a dab hand at right angles or, failing that, you can buy ready-to-build wooden pergola kits from selected suppliers.

Keep in mind that building your own pergola isn't the easiest DIY job, but it is doable with the right tools and the know-how. Once you've constructed the wooden structure, you'll need to add pergola shade ideas as well, such as a canvas sail.

What makes wooden pergolas cheaper to build is that you can buy individual posts and rafters at affordable prices. Essentially, it's up to you how much wood you buy and the quality of wood you use, both of which will affect the overall cost. Size and longevity are, therefore, important things to consider



before building a pergola. That being said, you can still buy ready-made wooden pergola kits at an affordable price.

Pre-built kits have risen in popularity in recent years, offering a convenient

and stylish finish for any garden. You can find budget-friendly options like the Klikstrom Alizé Rectangular Pergola, £300 for the 3x3 and £340 for 3x4.

Some assembly is required for these pre-built versions, but it is minimal compared to a DIY kit. Some of them are more like a piece of flatpack furniture.

Where can you save costs on a pergola?

You can save on costs if you opt for a wooden pergola over an aluminium one... but they do have their drawbacks.

The cons of wooden pergolas are the seasonal use, and the transfer of green sap onto furniture below, which can be hard to remove. For an all-season shelter, you can't get better than an industrial-grade aluminium pergola, which is considerably more expensive (the 3m x 3m with four screens from Suns Lifestyle will set you back £4,120).

So in all, it is cheaper to build a pergola from scratch or a DIY kit than to buy one, but you'll have to weigh up cost versus effort and also if you have the DIY skills to do the job safely.

You treat yourself, we'll treat the lawn



We provide a premium lawn care experience.

We seed them, feed them, even control
the weeds. So, you don't have to.

For a FREE lawn analysis visit
greenthumb.co.uk or contact our local team.

Lincoln branch

Call **01522 797000** Email **lincoln@greenthumb.co.uk**

itv1

Alan Titchmarsh's
GARDENING CLUB

Brought to you by
GreenThumb
LAWN TREATMENT SERVICE



Full Design & Landscaping Service

- Turf Laying
- Patios • Resin
- Blockpave and Concrete Driveways
- Artificial Lawns
- Fencing
- Decking



All work
Guaranteed
and full
written
Quotations



Tel: 01522 775 145

www.landscapinglincoln.co.uk



Tel: 01522 775 145
www.landscapingstore.uk

Supply & Deliver of:

- Turf
- Topsoil
- Sand
- Gravel
- Limestone Hardcore
- Bark
- Compost & Top Dressing

We deliver loose or
Bulk bags

LM TREE SERVICES

We are a family run business with many years experience in tree care. We are safe and reliable specialising in pruning and felling work.

- Tree Felling
- Topping
- Shaping
- Fruit Trees Pruned & Sprayed
- Hedges Trimmed
- All Garden Work Carried Out
- Rubbish Removed

Call Leo

Tel: 01522 718112

Direct: 07473 134974

Email: Lmtreeservices1@outlook.com

FREE ESTIMATES GIVEN
(with no obligation)



14 Days Cooling Off Period



T.J.S. TREE SERVICES LTD

DOMESTIC • COMMERCIAL • UTILITY

All your tree needs

**Hedge & shrub work - from shaping
to complete removal**

**Weed killer spraying • Site clearance
All arisings removed and recycled**

City & Guilds, NPTC Qualified, £5 million Public Liability Insurance

For a free no obligation quote or advice, call Tom

01522 805109 • 07774 433679

www.tjstreeservicesltd.co.uk

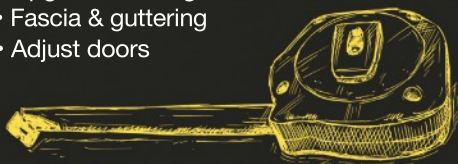
General knowledge quiz

- | | |
|---------------------------------------|-------------------------------------|
| 1. Minoan | 6. Copenhagen |
| 2. The Baltic Sea | 7. Fahrenheit 451 |
| 3. Silence Of The Lambs | 8. Ottawa |
| 4. Big Daddy | 9. Phoebe Waller-Bridge |
| 5. The development of the Atomic Bomb | 10. Tenzing Norgay (Sherpa Tenzing) |

L M Glass & Glazing Services



- Repair faulty handles, hinges and locks
- Replace broken/misted sealed units
- Upgrade existing sealed units
- Fascia & guttering
- Adjust doors



Fast and friendly service
No call-out charges
Free quotations
25 years industry experience



Call Lee on 07947 303947

Email: lmglassandglazing@yahoo.com



Bradley Security Locksmith Services



- No call out charge.
- Free Estimates
- Replace / repairs to locks.
- Upvc door lock repairs and door adjustment.
- High security locks supplied and fitted.
- 24 Hour call out service.

Just moved home?

Change your locks to be the only one to have keys to your property.

Ian Bradley

Call: 07599 642 944 • 01522 422 058

Email: bradleysecurity@hotmail.co.uk

GUARANTEE THE FUTURE FOR YOUR NEAREST AND DEAREST

Make a Will & Lasting Power Of Attorney

For a free expert consultation either at home or online telephone David Dexter FCA

On: 01522 789903

or log into

www.lincolnwills.com



Please telephone Darren for a **FREE** estimate with no obligation on: 0800 8589060 or direct on: 07940 445174
dwtreeandlandscapes@outlook.com

- Trees felled, topped & pruned
- Turf removed & gravel/bark put down
- All conifers topped
- Hedges pruned & trimmed
- Fully insured
- All rubbish removed
- Registered waste carrier



JB CABS

AIRPORTS, SEAPORTS

long distance specialists
very competitive prices
book via phone or email

01522 826690

jbcabslincoln@live.co.uk
jbcabslincoln.com



8 SEATER NOW AVAILABLE

WINDOWORX

Remedial to all Windows and Doors

WE REPLACE : Cloudy, Misty Windows and Steamed Up Double Glazed Units.

WE DO : Double Glazing Repairs for all UPVC Windows & Doors.

WE FIX : Faulty Window & Door Locks & Handles.

TEL: 01522 820773

Mob: 07958 003352

Email: kevgregory96@gmail.com
www.windoworxlincoln.co.uk



AUTO ELITE DETAILING

PROTECT | CORRECT | ENHANCE | RESTORE

SERVICES:

- New Car Protection Detail
- Enhancement Detail
- Minor Paint Correction
- Major Paint Correction
- Underbody Restoration & Protection
- Paint Protection Film PPF
- Caliper Painting
- Soft Top Roof Cleaning & Sealing



By Appointment Only: Unit 6 Chestnut Farm, Old Wood North, Skellingthorpe LN6 5UA
www.autoelitedetailing.co.uk • Email: info@autolitedetailing.co.uk • Phone: 07793 775 793

BUILDSCAPE OF LINCOLN Building & Landscaping Services

- Extensions/New builds
- Fencing & Turfing
- Alterations/Renovation's
- Garden Renovation's
- Plaster boarding/Patching
- Tiling
- Hedge Removal
- Decking/Garden Building Bases
- Aspects Of Joinery
- All Aspects of Paving Patio's & Driveways
- Groundworks/Drainage
- Clearance Work

**PLEASE CALL GARY ON:
07891 972 045**



FROM A HOME TO A GARDEN WE CAN COVER ALL YOUR NEEDS

PAUL NEWMAN

**DAMP COURSING TIMBER TREATMENT SPECIALIST
MOULD CONTROL VENTILATION REMEDIAL WORKS**

Mobile: 07415 666 604

paul@pndampproofing.co.uk

Over 25 years experience **Lincolnshire Area**



Cobb & Co Accountants Ltd.

Professional Accountancy Services

Sole Trader Partnership & Limited Company. Accounts. Tax Advice,
Tax Returns, Capital Gains Tax, Payroll, VAT & Book Keeping.

Friendly and reliable service, initial free consultation with no obligation

Michael Cobb FMAAT

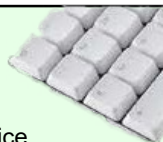
30, Sleaford Road, Bracebridge Heath,
Lincoln LN4 2ND

E: mike@cobbandcoaccountants.co.uk
www.cobbandcoaccountants.co.uk

Tel: 01522 823746

Mob: 07703 595274

Fax: 01522 823943



Your Horoscopes



Aries (March 21 - April 19)

During this period, certain blocks that have been following you for a long time will also surface, and even mild health problems with your back will show up. That's why you should focus on yourself and start solving your problems



Taurus (April 20 - May 20)

Due to your composure and peace of mind, you will spread positive energy in your surroundings, and you will get in touch with interesting people with whom you will be on the same wavelength. However, long-term problems accumulate at work, and you may face disputes with your superiors.



Gemini (May 21 - June 20)

Do not let your feelings engulf you - think about everything in advance and rationalise. During this period, you will be prone to impulsive behaviour and if you are not careful, it can backfire on you in the form of an unpleasant quarrel with your partner.



Cancer (June 21 - July 22)

This will be a challenging time for Cancer. You will be betrayed by one of your closest friends, and it will knock you down. You will deal with it, but it will be necessary to close up for a while and process everything gradually.



Leo (July 23 - August 22)

You will shine with positive energy, positively affecting surroundings, and you can expect very interesting invitations to VIP social events. Wherever you walk in, you will be a welcome guest that everyone will want to chat with. Just don't let fame rise to your head.



Virgo (August 23 - September 22)

You will do things the way you feel at that moment. But beware of mood swings in front of your partner. They will certainly have an understanding with you, but you must have an understanding with them as well, so be careful not to hurt them.



Libra (September 23 - October 22)

Empathy will awaken, and thanks to that, you will become favourite mentors to your friends. This month you would do everything for others, so it will be fulfilling for you when your friends confide in you, and you will be able to advise and support them.



Scorpio (October 23 - November 21)

Complications may occur in relationships, as you will experience emotions more intensely. Feelings of frustration could then cause you to be too critical, and on the contrary, your affection could be completely unreasonable. Be careful and let someone trustworthy help you.



Sagittarius (November 22 - December 21)

Sagittarians won't be able to stop thinking about freedom and travelling. You will enjoy both day-trips and stays abroad. However, this time you should try to get out of the hotel's comfort zone and the beach and go exploring an unknown place. No doubt you won't regret it.



Capricorn (December 22 - January 19)

You might feel as if you are on an emotional roller coaster that will not have a good effect on people around you or your partner. You will also have problems with jealousy and with a desire to control everything. That can be potentially very problematic if you will not hold yourself back.



Aquarius (January 20 - February 18)

You will lose track of what you actually want in life, and you will be looking for help from your close ones. Sharing your troubles is definitely good for you because letting yourself be stuck in a depressive state is really not the best solution.



Pisces (February 19 - March 20)

You will enjoy being playful, and you'll feel comfortable and confident talking with a higher number of people; they will listen to everything you say. You will let everything flow, will not stress about anything, and will just fully enjoy every moment.

**IS YOUR ADVERTISING
BECOMING STALE?
STILL GOING TO THE
SAME OLD AREAS?
DO YOU WANT MORE
ENQUIRIES? ...**

**If so -
we can
help...
FROM AS LITTLE AS
£22 PM
NO VAT**

Advertising packages are available to suit all budgets with easy payment terms and include free online and social media advertising.

Did you know
**All Advertising
is TAX Deductible!**

Two premium monthly Publications - without the premium price!

Inside Lincs - City edition goes to:

**Brant Road
Ermine Est (East)
Bailgate Area
Doddington Park
North Hykeham
Birchwood Estate**

Inside Lincs - Village edition goes to:

**Welton
Dunholme
Saxilby
Scothern
Sudbrooke
Skellingthorpe**

**BRAND
NEW AREAS
now ADDED:**
Washingborough,
Heighington,
Waddington &
Branston

The true value of advertising lies in the response generated.

"Inside Lincs magazines" are by far the most popular and widely read free publication in Lincoln & surrounding Villages - and the only magazine offering complete transparency of distribution and readership - resulting in excellent response rates and good return on investment.

If advertising is 'cheap', there's usually a very good reason - and if your advertisement generates no responses, your bargain deal is in fact a complete waste of money!!

Our advertising packages also includes free coverage on all our social media sites with over 10,000 followers.



**Extend the reach of your business with
"Inside Magazines group"**

Est: since 2010 - And the original
"Lincs" Publication
Often copied!

So what's the 1st step?
Simple... talk to us:

Call for a friendly chat or advice:

07856 376 061

For more Info - Email : nigel@insidelincs.co.uk

OR Visit us online at: www.insidelincs.co.uk

YOUR LOCAL

EXTERIOR CLEANING SPECIALISTS

DRIVEWAY CLEANING



- 1 We don't just clean your drive we maintain it!**
Keep that new drive look
Our ongoing maintenance plan means you never have to worry about the weeds and moss again!
- 2 Quarterly Retreatments**
For a fraction of the cost, keep that drive looking great all year.
- 3 No pressure washing... EVER!**
Using our unique machine and own brand chemical we clean your drive without all the mess and water consumption of a pressure washer!

THE PROCESS

- 1 HAND SCRAPE AND MOSS OFF THE ROOF**
During this process we also offer any minor repairs we spot as we go along.
- 2 COMPLIMENTARY GUTTER CLEARANCE**
We can also fix any broken guttering or clean the soffits, fascias or the gutters.
- 3 APPLY MARKET LEADING BIOCIDAL CHEMICAL**
This will slowly clean the roof over the coming weeks and months. We only use label compliant top of the range biocide to get the best results!

LOOK OUT FOR OUR VANS!



ROOF CLEANING



OUR PROMISE
WE DON'T JUST CLEAN YOUR
ROOF WE **MAINTAIN IT**
WE OFFER YEARLY RETREATMENTS WITH OUR OWN BRAND
CHEMICAL TO ENSURE YOUR ROOF STAYS CLEAN



THE BEST YOUR HOME CAN GET

01522 275200 *call for a free quote*



WE COVER THE
WHOLE OF
LINCOLNSHIRE

daniel@themossman.co.uk

@themossmanuk

The Moss Man

HEAD OVER TO
TRUSTPILOT TO SEE
WHAT OUR
CUSTOMERS THINK
OF US!





Glenn Blewitt

Fascias, Soffits & Guttering Ltd.



Before...



After

uPVC FASCIAS • SOFFITS • GUTTERING

Cladding • Windows • Doors • Joinery & Building Services

Damaged and rotten fascias, soffits and guttering can lead to expensive and time-consuming repairs to your home, as poorly-protected roof rafters are vulnerable to wood rot or fungus.

We offer a complete package, and with 25 years of experience, can be relied on to do the 'job' right.

Before replacing any uPVC fascias and soffits, we always fully remove and replace all old timber and never overclad your existing fascias.

**10 YEAR
GUARANTEE**
on all
installations

Call us today for your **FREE** no obligation quotation
07900 595558 day **01522 694766** evening

Find us on



and

