

# Welcome...

Welcome to our February edition - and for all you lovers out there, don't forget Valentine's Day on the 14th - and if you need any help or inspiration for that special gift, take a look at pages 6 & 7 for some great ideas and some lovely Valentines gifts, for him and her.

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**Horoscopes and much more...** 





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## THE LAST SHOWGIRL

In cinemas: February 28, 2025

Director: Gia Coppola

**Starring:** Pamela Anderson, Brenda Song, Jamie Lee Curtis.

Pamela Anderson stars as a middle-aged Las Vegas showgirl who is faced with an uncertain future after learning that the revue she has performed in for three decades is scheduled to close.

# CAPTAIN AMERICA: BRAVE NEW WORLD

In cinemas: February 14, 2025 Director: Julius Onah Starring: Anthony Mackie, Dany Ramirez, Harrison Ford.

This is the fourth installment in the 'Captain America' film series, a continuation of the television miniseries 'The Falcon' and the 'Winter Soldier' (2021). Following the election of Thaddeus Ross as the President of the United States, Sam Wilson finds himself at the center of an international incident and must work to stop the true masterminds behind it.



# BRIDGET JONES: MAD ABOUT THE BOY

In cinemas: February 13, 2025

**Director:** Michael Morris

Starring: Renée Zellweger, Hugh Grant,

Colin Firth.

Bridget Jones navigates life as a widow and single mother with the help of her family, friends, and former lover, Daniel. Back to work and on the apps, she's pursued by a younger man and maybe - just maybe - her son's science teacher.







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#### WESTON-SUPER-MARE & The Cheddar Gorge

staying at the superb 3 star New Ocean Hotel on the lovely seafront

Departs 4th August - 5 Days only £450.00 Holiday Highlights include 2 excursions, to the stunning Cheddar Gorge & the City of Wells, picturesque village of Dunster & delightful Minehead

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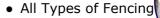
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# Envy Boutique Aesthetics Brings Cutting-Edge Skin Rejuvenation Technology to Lincoln.



Envy Boutique Aesthetics, in Skellingthorpe, known for their SPMU, Aesthetic Treatments, Advanced Skincare and Wellesss products, are excited to announce that they are the **first clinic in Lincoln to offer SQT Bio Microneedling**, an innovative, non-invasive treatment designed to rejuvenate the skin naturally and effectively.

SQT Bio Microneedling uses natural peptides and spicules extracted from freshwater sponges, to stimulate collagen production, improve skin elasticity, tighten and lift sagging skin, and address common concerns such as fine lines, acne scars, pigmentation and uneven skin texture – this treatment inserts upto 5 million spicules into the skin in less than 15 minutes with minimal downtime.



It is a non-injectable facial and one of the only treatments that can be used on (and to treat) active acne. It is suitable from the age of 12yrs (with parental consent) and is safe for all skin colours and tones. It is set to overtake traditional microneedling, chemical peels and most



machine based laser treatments in the next 5 years as the health of the skin is left in a healthier position and heals much faster.

"We are thrilled to bring this revolutionary treatment to our community", said Poppy, Clinic Owner. "At Envy Boutique Aesthetics we are committed to offering our clients the most advanced and effective skincare solutions, and SQT Bio Microneedling is a game-changer".

Benefits compared to traditional microneedling pen/roller:

- \*No metal needles \*No pain \*No bleeding \*No skin breakage
- \*No chemicals or acids \*More advanced than algae & seaweed
- \*1 treatment is equivalent to 3 traditional microneedling sessions
- \*Results within a week (as opposed to 4 weeks) \*vegan

For more information or to book your first SQT Bio Microneedling session, visit us on Facebook or Instagram, email <a href="mailto:envyboutiqueaesthetics@hotmail.com">envyboutiqueaesthetics@hotmail.com</a> or call/WhatsApp at 07771 774392.

To celebrate the launch of this new treatment we are offering all readers £50 OFF their first treatment or BOOK 3 TREATMENTS AND GET THE 4<sup>TH</sup> FREE! Quote LINCSOT.





## Winter Tree Identification at Doddington Hall

Saturday 15 February, 10am – 1.30pm Booking essential.

Even in winter trees are a beautiful and striking presence in the landscape. But with many of their distinguishing characteristics – their leaves, flowers and fruits – gone, it can make it seem tricky to identify one from

There are though still many clues to help tell trees apart at this time of year – from buds and bark to twigs and overall shape. Once you get your eye in you will see more and more detail, and winter walks will come alive with added interest.

A great way to blow away some New Year cobwebs!

No prior knowledge is needed, just a warm coat and boots.

Tea & coffee provided.

**Lincoln Lights** 

Citywide, Lincoln, Lincolnshire, LN5 7DB February 20th - February 21st Times: 17:30 - 21:00

This February, Lincoln Lights will transform the city with a free showcase of mesmerising light installations.

Open to everyone, this exciting event invites you to explore breathtaking creations by artists from across the UK and beyond, all set against the historic charm of Lincoln's iconic landmarks, from the Castle to Cornhill.

Experience the city like never before as you explore its historic streets, rediscover familiar spaces, and immerse yourself in bursts of colour, creativity, and wonder.

## Rockin' In The Blue Room (The Lawns) with Rockin'em

February 22<sup>nd</sup> Time: 20:30pm - 22:30pm

A Night of Rock'N'Roll, Jive and Swing at The Blue Room in Lincoln with international Rock'N'Roll Band 'Rockin'em'.

Come along to The Blue Room at The Lawns for a night of Rock'N'Roll, Jive and Swing with Rockin'em who are a UK-based Rock'N'Roll trio that has been rockin' the stage since 2008. With over 600 shows, they have played at some of the most prestigious festivals and venues in the UK \* Europe.

The band features Kev Marlow on lead vocals and guitar, Dion Marlow on double bass and one of the top drummers on the scene.

#### Chester Monte's Murder Mystery 26<sup>th</sup> February 207 - 209 High Street, Lincoln, Lincolnshire, LN5 7AU

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# Sparkle sweetheart cookies



These sparkle sweetheart cookies are dressed up in Valentine's Day sprinkles and a chocolate heart on top!

up to 3-4 days. If chilling for longer than 2-3 hours, allow the dough to sit at room temperature for at least 30 minutes before rolling and baking.

- 4 Preheat oven to 350°F (177°C) Line two large baking sheets with parchment paper or silicone baking mats. Set aside.
- 5 Pour sanding sugar in a bowl or, if using multiple colours, a few separate bowls.
- 6 Roll balls of cookie dough, about 1 Tablespoon of dough per cookie, then roll each ball in the

sanding sugar to coat. Place each dough ball 2 inches apart

Bake for 12-13 minutes or until very lightly browned on the edges.

7 Remove from the oven and allow to cool on the baking sheets for 5 minutes. Press a chocolate heart into each cookie and quickly stick the baking sheet in the freezer or fridge so the warm cookie does not completely melt the chocolate heart. Let the chocolate set (about 15 minutes) on the cookies in the freezer/refrigerator.

Makes: 32 cookies Prep: 1 hr Cook: 12 mins

#### Ingredients

- 3 cups (375g) all-purpose flour
- -1 &1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup (16 Tbsp; 226g) unsalted butter, softened
- 2 ounces (57g) full-fat brick cream cheese, softened
- 1 cup (200g) granulated sugar
- 1 large egg
- 2 teaspoons pure vanilla extract
- 1/2 teaspoon almond extract
- 3/4 cup (150g) sanding sugar, pink and red or assorted colours
- 32 chocolate hearts

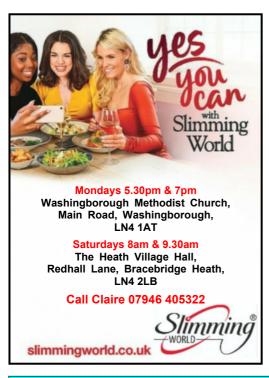
#### Method

1 Whisk the flour, baking powder, and salt together until combined.

2 In a large bowl, beat the butter and cream cheese together at high speed until relatively smooth, about 2 minutes. Add the granulated sugar and beat until combined. Add the egg, vanilla extract and almond extract and beat on high speed until combined, about 1 minute.

3 Add the dry ingredients to the wet ingredients and mix on low speed until combined. The dough will be thick. Cover dough tightly with aluminum foil or plastic wrap and chill for at least 30-60 minutes and







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## 1958 Munich air disaster

The Munich Air Disaster remains one of the darkest days in the history of football. On February 6, 1958, a plane carrying Manchester United's "Busby Babes" crashed, killing 23 people, including players, staff and journalists. The event sent shockwaves through the sporting world and left a lasting legacy on the football community.

The British European Airways flight crashed on take off from Munich-Riem Airport, having stopped to refuel in Munich after departing from Belgrade, where the team had secured a spot in the European Cup semi-finals. Tragically, icy runway conditions caused the plane to crash on its third attempt at take off.

Eight Manchester United players died in the crash: Roger Byrne, Eddie Colman, Mark Jones, David Pegg, Tommy Taylor,

Liam Whelan, Geoff Bent and Duncan Edwards (who passed away later from his injuries).

Some survived the crash, including manager Sir Matt Busby and players Bobby Charlton and Bill Foulkes. These survivors went on to play crucial roles in rebuilding Manchester United and honouring the memory of their teammates. Sir Matt Busby, despite his injuries, returned to lead the club to European success in 1968.



## 2004 Facebook launched

Launched on February 4, 2004 as 'the Facebook' Mark Zuckerberg created the social media platform whilst he was a sophomore at Harvard. Zuckerberg had built Facebook to connect Harvard students with one another.

By the next day, over a thousand people had registered, which was only the beginning. Today, Facebook has roughly 2.91 billion monthly users.

By 2007, Facebook surpassed MySpace in global traffic and became the world's most popular social media platform. Focusing on generating revenue through targeted advertising, in 2012, it purchased Instagram, followed by WhatsApp and Oculus VR in 2014, extending its influence beyond social networking into messaging and virtual reality. These moves helped Facebook maintain its position as a leader in the tech industry.

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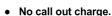
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# Movie Quiz Best of 2024

Can you identify these movie highlights from last year?





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#### Hello.

Do you need any help For living in Lincoln? If so, here are some useful & handy phone numbers for you.



# Make your conservatory look expensive

... on a budget

W HETHER you're a conservatory connoisseur or a bit of a novice, the first step is always deciding exactly what you want from the space.

#### Go for customisable lighting

When night falls there's nothing cosier than a beautifully-lit conservatory.' The right lighting can make the conservatory addition to your house a year-long, 24/7 usable room.

When it comes to lighting these unique areas of your home, we'd recommend lighting the perimeter of your room with a modern track light. Along the track, adjustable spotlight heads can be customised to your liking, allowing you to switch the lighting in your room easily.

#### Don't shy away from colour

Don't feel like you have to stick to neutrals – whether that's the actual frame of your conservatory, the furnriture you use or the accessories that adorn the space.

One of the simplest ways to make an old conservatory look good is by embracing colour. Look to the vivid magentas, dark forest greens and



rich navy blues that have proven so popular in recent years to enrich your space with a new sense of wealth and warmth.

## Choose sleek window dressings

Opt for blinds that are made to measure and fit onto the window frame like perfect fit and stick fit styles attached flush to the window frame to create a seamless look. Having these properly fitted blinds will make the space appear more expensive and bespoke

#### Choose clever storage

Smart storage solutions keep things sleek by ensuring there is a place for everything. So make your furniture work harder by combining comfort with functionality.

Replace a couple of dining chairs with an upholstered storage bench and the coffee table with a chest to store books and blankets – utilise the space by making each piece as multifunctional as possible.

#### Add varying textures

Instantly infuse your conservatory with contemporary style by introducing organic materials and textures

Introduce wood, stone, cane and fur to provide depth and contrast with plain white windows or doors. You can use varying textures of throws, rugs, cushions and artwork.

#### Add a cosy feel with rugs

A thoughtfully chosen rug can work wonders in bringing together the blossoming outdoors with the cosy indoors. Not only do they enhance comfort underfoot, but they also help to elevate the overall scheme. Think a cosy rug for the seating area and a durable rug near the door that can withstand heavy foot traffic.





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You don't need to revamp the whole facade to make an impact. A simple update such as painting an exterior wall to offset patio furniture can make the whole home feel renewed.

## Freshen it up with a new colour

Swap safe neutrals for a splash of bolder colour outdoors with imaginative garden paint ideas. Painting one wall a vibrant shade will give an outdoor space focus and makes a lively backdrop for an outdoor dining area or a relaxed seating snug.

Adding colour to a run-down outdoor wall will transform the space.



On-trend green will bring a calm, restorative feel and transport small urban spaces from unloved, into a natural retreat.

#### Tile an outdoor wall

You can tile a garden wall, and it looks great if you do it correctly (bottom left).

You need to use porcelain or natural stone as they are weather-resistant and less likely to fade over time. They need a lot less maintenance than options such as paint, but you do need to ensure the colours and design match your garden and landscaping choices.

#### Consider lighting

Outdoor lighting fixtures can breathe new life into the area, and you will likely find that they add a whole new element of warmth in the evenings - especially in summer (right).

Pillar lights are a great idea for bare walls. They have triangular beams that fan up and down to create a silhouette of light on a wall.

## Perk up a plain wall with jolly DIY planters

Step up clever upcycling garden ideas to add unique personality to an outdoor wall in a covered patio or courtyard (above right). Repurpose a couple of old straw hats that are out of shape and no longer worn. Simply cut a hole in the top of the hat (the part that sits on the head) so that you can slip a small plant pot

inside. Use garden twine and a nail to secure the hat planter to the wall and then pop a potted plant in, arranging the foliage to cover up the hole. This is a great budget garden idea if you want to keep costs down.









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# Footballers... and their cars

THE top 20 most expensive cars owned by Premier League stars have been revealed - with Manchester City and Manchester United players dominating.

Premier League footballers get paid incredibly well and like to splash their salaries on nice things as a result.

You only have to lay eyes on the car park at a club's training ground to see the supercars on show.

At Newcastle United, there's been a new addition as

Anthony Gordon has become the first UK owner

of the new GMC Hummer EV, which costs around £190,000 and will require a payment of £75.50 every time he fills up

with petrol.

Earlier this year, Autotrader magazine compiled a list of the twenty most expensive cars owned

by the ten players with the highest market value.

As expected, plenty of household names feature - with Man. City star Jack Grealish ahead of teammates Ruben Dias,

Erling Haaland and

Phil Foden.

The former Aston Villa captain occupies third place with a Lamborghini Urus that is worth more than £200,000 and also owned by Arsenal's **Gabriel Martinelli**.

Bukayo Saka gets around in a £151,736 Ferrari 548 Spider, while Bruno Fernandes is the proud owner of a Porsche Panamera which is valued at just over £100,000.

But it is his Manchester United teammate Marcus Rashford who tops the list by some distance with a luxury Rolls Royce Cullinan that set him back more than £300,000.

Marcus Rashford: the Manchester United and England star is the proud owner of a luxury £328,355 Rolls Royce Cullinan.

1 Marcus Rashford	Rolls Royce Cullinan	£328,355
2 Gabriel Martinelli	Lamborghini Urus	£217,768
3 Jack Grealish	Lamborghini Urus	£210,860
4 Bruno Guimaraes	AMG G63	£164,351
5 Bukayo Saka	Ferrari 458 Spider	£151,736
6 Bruno Fernandes	Porsche Panamera	£101,126
7 Ruben Dias	McLaren 570S	£94,428
8 Erling Haaland	Audi RS6 Avant	£82,013
8 Alexander Isak	Audi RS6	£82,013
10 Phil Foden	AMG GLE53	£69,397
	MADDA	

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200	3		
\$	11 William Saliba	Audi e-tron GT	£62,308
	12 Bernardo Silva	Mercedes-Benz GLE	£54,444
9	13 Rodri	Range Rover Sport	£54,266
	13 Trent Alexander-Arno	old Range Rover Sport	£54,266
	13 Declan Rice	Range Rover Sport	£54,266
	16 Martin Odegaard	Audi RSQ3	£50,892
	17 Christopher Nkunku	AMG CLA 45 S	£49,564
-	18 Enzo Fernandez	Mercedes C-Class	£31,451
	19 Moises Caicedo	Audi Q3	£30,311
	20 Julian Alvarez	Mercedes A200	£24,049
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5 The Holdovers

2 Civil War

6 Kneecap

3 Deadpool &

7 Longlegs

Wolverine

8 Poor Things

4 Dune: Part Two

9 Zone Of Interest



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# **Your Horoscopes**



#### Aries (March 21 - April 19)

The energy that powered Aries will slowly decrease at the beginning of the year, and the Moon and its phases will affect them the most. Take good care of your health in between the new moon and the full moon. Do not exhaust your body and especially not your digestion.



#### Tourus (April 20 - May 20)

Thanks to a high dose of determination to work, you will reap high financial rewards, which you will like, and you will constantly move forward. However, be careful not to overwork; it could backfire on you in the form of a health problem. Eat healthily and don't forget to relax.



#### Gemini (May 21 - June 20)

You will work hard, and then you will not have time for your hobbies and friends. This can affect your mental health, and you will want to shut yourself off from other people. This does not necessarily mean something bad; but, at the same time, do not let a negative attitude towards life engulf you.



#### Concer (June 21 - July 22)

Cancerians will have a certain amount of self-confidence, especially at work. You will no longer be afraid to say what you like and what you don't, thanks to which your superiors will start to perceive you as equal. During this period, you will surprise yourself with your creativity and fresh ideas.



#### CO (July 23 - August 22)

There will be some great ideas in your head that you will want to implement. However, you must take into account that something will have to be sacrificed. Therefore, in this period you need to think rationally and properly consider all the pros and cons before embarking on something.



#### Virgo (August 23 - September 22)

Persuasion will be your strong point, especially at work; but don't overdo it, it could have a negative impact on your working relationships. You'll get along great with your friends, but it will hold you back a little in this sense. Give yourself space and use it for self-education and relaxation.



#### Libro (September 23 - October 22)

Libras might have some problems at work. Your boss has been quite despotic for some time now, and it won't be any different in the upcoming days. You will have trouble stopping yourself from making inappropriate comments; however, you should wait for a better opportunity.



#### Scorpio (October 23 - November 21)

Communication and negotiation will be the strength of all Scorpios. You will use that mainly at work, where you will achieve some significant success. But do not let your success go to your head; it could trigger your colleagues and even make them your enemies.



#### Sagittarius (November 22 - December 21)

Sagittarians should beware of envy. Colleagues or neighbours will pay close attention to everything you buy or get. Nevertheless, you will also know who is a true friend and who is merely self-seeking. Allthough hurtful, it will give you space to focus on the people who really care about you.



#### Copricorn (December 22 - January 19)

Capricorns will demonstrate amazing communication skills and empathy. In this time, lots of your friends will feel close to you, and they will tend to ask you for your advice; you will become a popular person among your friends. However, do not let the complaints and problems of others tire you.



#### Aquarius (January 20 - February 18)

Aquarians will be caring and affectionate, thanks to the influence of Venus. However, it could be a problem in some situations. Pay more attention to your partner instead of flirting with others. If it comes to a conflict, you could risk losing them because of your behaviour.



#### Piscos (February 19 - March 20)

This will be more of a calm period for Pisceans. You should take care of your health, because you will be prone to have problems with your airways. The best thing you can do is skip some fun evenings with your friends and improve your sleeping and eating habits.

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