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City Edition - Feb 2025

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... and much more!!



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Welcome...

Welcome to our February edition - and for all you lovers out there, don't forget Valentine's Day on the 14th - and if you need any help or inspiration for that special gift, take a look at pages 16 & 17 for some great ideas and some lovely Valentines gifts, for him and her.

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CONTENTS...

Until next month,
Nigel & Sherri

Published by Inside Magazines.

- 8 Feb's Amazing Tech**
- 10 This Months Food Review**
- 14 February Movie Releases**
- 22 & 39 Health & Fitness**
- 24 - 38 Home Improvements**
- 41 Best Of 2024 Movie Quiz**
- 42 Februarys Horoscopes**
- 44 - 48 Gardening Pages**
- 49 Football Fiance - And More!**



ARTWORK DEADLINE: 19TH of each month

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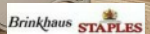
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Stuart Jones



It happened this month...



1958 Munich air disaster

The Munich Air Disaster remains one of the darkest days in the history of football. On February 6, 1958, a plane carrying Manchester United's "Busby Babes" crashed, killing 23 people, including players, staff and journalists. The event sent shockwaves through the sporting world and left a lasting legacy on the football community.

The British European Airways flight crashed on take off from Munich-Riem Airport, having stopped to refuel in Munich after departing from Belgrade, where the team had secured a spot in the European Cup semi-finals. Tragically, icy runway conditions caused the plane to crash on its third attempt at take off.

Eight Manchester United players died in the crash: Roger Byrne, Eddie Colman, Mark Jones, David Pegg, Tommy Taylor,



Liam Whelan, Geoff Bent and Duncan Edwards (who passed away later from his injuries).

Some survived the crash, including manager Sir Matt Busby and players Bobby Charlton and Bill Foulkes. These survivors went on to play crucial roles in rebuilding Manchester United and honouring the memory of their teammates. Sir Matt Busby, despite his injuries, returned to lead the club to European success in 1968.



2004 Facebook launched

Launched on February 4, 2004 as 'the Facebook' Mark Zuckerberg created the social media platform whilst he was a sophomore at Harvard. Zuckerberg had built Facebook to connect Harvard students with one another.

By the next day, over a thousand people had registered, which was only the beginning. Today, Facebook has roughly 2.91 billion monthly users.

By 2007, Facebook surpassed MySpace in global traffic and became the world's most popular social media platform. Focusing on generating revenue through targeted advertising, in 2012, it purchased Instagram, followed by WhatsApp and Oculus VR in 2014, extending its influence beyond social networking into messaging and virtual reality.

These moves helped Facebook maintain its position as a leader in the tech industry.





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SQT Bio Microneedling uses natural peptides and spicules extracted from freshwater sponges, to stimulate collagen production, improve skin elasticity, tighten and lift sagging skin, and address common concerns such as fine lines, acne scars, pigmentation and uneven skin texture – this treatment inserts upto 5 million spicules into the skin in less than 15 minutes with minimal downtime



It is a non-injectable facial and one of the only treatments that can be used on (and to treat) active acne. It is suitable from the age of 12yrs (with parental consent) and is safe for all skin colours and tones. It is set to overtake traditional microneedling, chemical peels and most machine based laser treatments in the next 5 years as the health of the skin is left in a healthier position and heals much faster.



“We are thrilled to bring this revolutionary treatment to our community”, said Poppy, Clinic Owner. “At Envy Boutique Aesthetics we are committed to offering our clients the most advanced and effective skincare solutions, and SQT Bio Microneedling is a game-changer”.

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CLEAN-UP TECH

New
vacuum
cleaners
for 2025

Shark NeverTouch Pro £800

Despite its long pedigree in vacuums, Shark is a relative newcomer in robot land, and this vac-mop combo is its top end cleaner... so far.

The clue is in the name: it's a self-sufficient cleaning station, and the mopping pad is cleaned and dried after each run. For just vacuuming, it simply drops the pad and leaves it in the base.

The combo of mopping and vacuuming is powerful and it can easily master any obstacle in the home; it's quiet too, using air jets to dislodge any mess, while Wet Edge Detect pushes the pad outwards to make sure the side is reached.



Roborock Qrevo Master £1200

The Roborock intelligently cleans and disinfects its mop every time it's used, and there's a 4 litre clean water tank, plus a 3.5 litre one for the mucky stuff.

Dual rotating scrapers keep the dock clean, minimising dirt accumulation and keeping your hands clean.

The 'Hello Rocky' voice assistant is simple to use, as is the Roborock app, with remote viewing a clever feature.

Eufy Omno S1 Pro £1499

The Eufy Omni S1 Pro is an all-in-one system that vacuums, mops and takes care of itself better than some housemates.

That's all thanks to a base station that empties the dustbin, refills the tank with ozonated water and dries the mop after every session.

The robot itself packs a decent 8000Pa of suction power, Lidar navigation for precise mapping and dual spinning brushes for corner cleaning.



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OUT AND ABOUT: THE NEW CHAPEL

Sleaford is located in the district of North Kesteven, Lincolnshire. This market town can be found approx. 11 miles north-east of Grantham, around 16 miles west of Boston and some 17 miles south of Lincoln. It is on the edge of an area known as the Fenlands. Sleaford's train station is on the Nottingham to Skegness route and also the Lincoln to Peterborough track. The history of Sleaford and the surrounding area holds much interest for historians. The surrounding area includes Graylees. Graylees has become a popular residential area, along with several other areas in Lincolnshire.

I located The New Chapel Tearoom and Venue (Opened October 2023) in Graylees, near Sleaford, Lincolnshire. First (and lasting) impressions – Stunning!



This luxury venue for events has been beautifully restored. The Victorian chapel dates from 1897. A grade 11 listed park and conservation area surrounds The New Chapel. Owned by Frida Rush, an interior architectural designer, The New Chapel took 10 years to restore. The restaurant offers breakfasts, snacks, lunches, afternoon teas and dinners.

Traditional Sunday lunches are very popular.

The mezzanine levels provide romantic dining times and uses for other functions. Vaulted architecture complements the venue, plus contemporary artworks. Events are well attended. The grounds and the venue are available to hire for private events.

For my dining commencement I chose Prawn Twisters. I found this dish to be just right, with perfect



flavours to start a light-to-medium lunch.

For main I opted for Smothered Chicken (Chicken breast topped with bacon, BBQ sauce and melted cheese and served with chips and coleslaw). This arrived with very good aromas. Well cooked and with complementing ingredients, this certainly warranted 'Compliments to Chef'. For dessert - Lemon Baked Alaska - A perfect finish.

An extensive range of quality beverages includes wines, beers and spirits, plus splendid cocktails.

Parties and occasions are easily accommodated. Gift vouchers are available – maybe a surprise for someone special? The New Chapel is also licensed for weddings, to make the day very grand indeed.



Thank you to Amy, for exemplary service throughout. Highly recommended.

The New Chapel Tearoom & Venue, Hines Avenue, Graylees, Sleaford, Lincolnshire NG34 8ZW.

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Trevor Langley

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Sparkle sweetheart cookies



These sparkle sweetheart cookies are dressed up in Valentine's Day sprinkles and a chocolate heart on top!

up to 3-4 days. If chilling for longer than 2-3 hours, allow the dough to sit at room temperature for at least 30 minutes before rolling and baking.

4 Preheat oven to 350°F (177°C) Line two large baking sheets with parchment paper or silicone baking mats. Set aside.

5 Pour sanding sugar in a bowl or, if using multiple colours, a few separate bowls.

6 Roll balls of cookie dough, about 1 Tablespoon of dough per cookie, then roll each ball in the sanding sugar to coat. Place each dough ball 2 inches apart on the baking sheets. Using the back

Bake for 12-13 minutes or until very lightly browned on the edges.

7 Remove from the oven and allow to cool on the baking sheets for 5 minutes. Press a chocolate heart into each cookie and quickly stick the baking sheet in the freezer or fridge so the warm cookie does not completely melt the chocolate heart. Let the chocolate set (about 15 minutes) on the cookies in the freezer/refrigerator.

Makes: 32 cookies

Prep: 1 hr Cook: 12 mins

Ingredients

- 3 cups (375g) all-purpose flour
- 1 & 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup (16 Tbsp; 226g) unsalted butter, softened
- 2 ounces (57g) full-fat brick cream cheese, softened
- 1 cup (200g) granulated sugar
- 1 large egg
- 2 teaspoons pure vanilla extract
- 1/2 teaspoon almond extract
- 3/4 cup (150g) sanding sugar, pink and red or assorted colours
- 32 chocolate hearts

Method

1 Whisk the flour, baking powder, and salt together until combined.

2 In a large bowl, beat the butter and cream cheese together at high speed until relatively smooth, about 2 minutes. Add the granulated sugar and beat until combined. Add the egg, vanilla extract and almond extract and beat on high speed until combined, about 1 minute.

3 Add the dry ingredients to the wet ingredients and mix on low speed until combined. The dough will be thick. Cover dough tightly with aluminum foil or plastic wrap and chill for at least 30-60 minutes and

of a measuring cup or drinking glass, gently press down on each dough ball to slightly flatten.



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FILMS

FEBRUARY'S PICKS



THE LAST SHOWGIRL

In cinemas: February 28, 2025

Director: Gia Coppola

Starring: Pamela Anderson, Brenda Song, Jamie Lee Curtis.

Pamela Anderson stars as a middle-aged Las Vegas showgirl who is faced with an uncertain future after learning that the revue she has performed in for three decades is scheduled to close.

CAPTAIN AMERICA: BRAVE NEW WORLD

In cinemas: February 14, 2025 **Director:** Julius Onah

Starring: Anthony Mackie, Dany Ramirez, Harrison Ford.

This is the fourth installment in the 'Captain America' film series, a continuation of the television miniseries 'The Falcon' and the 'Winter Soldier' (2021). Following the election of Thaddeus Ross as the President of the United States, Sam Wilson finds himself at the center of an international incident and must work to stop the true masterminds behind it.



BRIDGET JONES: MAD ABOUT THE BOY

In cinemas: February 13, 2025

Director: Michael Morris

Starring: Renée Zellweger, Hugh Grant, Colin Firth.

Bridget Jones navigates life as a widow and single mother with the help of her family, friends, and former lover, Daniel. Back to work and on the apps, she's pursued by a younger man and maybe - just maybe - her son's science teacher.

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**WHAT'S
ON IN
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This Month
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**Winter Tree Identification at
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Saturday 15 February, 10am – 1.30pm
Booking essential.

Even in winter trees are a beautiful and striking presence in the landscape. But with many of their distinguishing characteristics – their leaves, flowers and fruits – gone, it can make it seem tricky to identify one from the next.

There are though still many clues to help tell trees apart at this time of year – from buds and bark to twigs and overall shape. Once you get your eye in you will see more and more detail, and winter walks will come alive with added interest.

A great way to blow away some New Year cobwebs!

No prior knowledge is needed, just a warm coat and boots.

Tea & coffee provided.

Lincoln Lights

Citywide, Lincoln, Lincolnshire, LN5 7DB
February 20th - February 21st
Times: 17:30 - 21:00

This February, Lincoln Lights will transform the city with a free showcase of mesmerising light installations.

Open to everyone, this exciting event invites you to explore breathtaking creations by artists from across the UK and beyond, all set against the historic charm of Lincoln's iconic landmarks, from the Castle to Cornhill.

Experience the city like never before as you explore its historic streets, rediscover familiar spaces, and immerse yourself in bursts of colour, creativity, and wonder.

**Rockin' In The Blue Room
(The Lawns) with Rockin'em**

February 22nd
Time: 20:30pm - 22:30pm

A Night of Rock'N'Roll, Jive and Swing at The Blue Room in Lincoln with international Rock'N'Roll Band 'Rockin'em'.

Come along to The Blue Room at The Lawns for a night of Rock'N'Roll, Jive and Swing with Rockin'em who are a UK-based Rock'N'Roll trio that has been rockin' the stage since 2008. With over 600 shows, they have played at some of the most prestigious festivals and venues in the UK * Europe.

The band features Kev Marlow on lead vocals and guitar, Dion Marlow on double bass and one of the top drummers on the scene.

Chester Monte's Murder Mystery
26th February

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Welcome to the seedy streets of the city, where darkness and danger lurk around every corner. You are a private investigator, tasked with solving the most high-profile murder case to hit the city in years. The victim? The infamous politician, Chester Monte.

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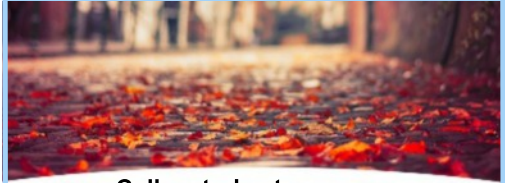
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Movie Quiz - best of 2024

- | | |
|------------------------|--------------------|
| 1 Challengers | 5 The Holdovers |
| 2 Civil War | 6 Kneecap |
| 3 Deadpool & Wolverine | 7 Longlegs |
| 4 Dune: Part Two | 8 Poor Things |
| | 9 Zone Of Interest |

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TOP SIX SAFEST CARS



1. MERCEDES E-CLASS

The new Mercedes E-Class performed very well in the 2024 Euro NCAP crash tests, placing it as the safest car you can buy. It touts impressive scores for adult occupant and child occupant protection, meaning the car's structure will protect you well if the worst should happen.

● Adult occupant:	92%
● Child occupant:	90%
● Vulnerable road users:	84%
● Safety assist:	87%
● Average score:	88.25%



3. Smart #3

This electric SUV scored well for adult occupant protection. It scored pretty consistently across the board, with impressive results for child occupants and safety assists.

● Adult occupant:	90%
● Child occupant:	86%
● Vulnerable road users:	84%
● Safety assist:	85%
● Average score:	86.25%

5. Skoda Superb

Euro NCAP has applied exactly the same scores as the VW Passat, as these cars are more or less identical under the skin... which means it's just as safe as the Volkswagen.

● Adult occupant:	93%
● Child occupant:	87%
● Vulnerable road users:	82%
● Safety assist:	80%
● Average score:	85.5%



Featuring the six safest new cars currently on sale in Britain, according to The European New Car Assessment Programme (Euro NCAP).



The Volkswagen ID7 scored even higher than the E-Class for adult occupant protection, so the crash structure and suite of airbags perform well in an accident. It falls down on safety assist though, hence its place below the Mercedes on this list.

2. Volkswagen ID7

- Adult occupant: 95%
- Child occupant: 88%
- Vulnerable road users: 83%
- Safety assist: 80%
- Average score: 86.5%

4. Volkswagen Passat

Scoring particularly highly in the adult and child occupant protection categories, it was in the lateral impact test where the Passat was particularly impressive.

- Adult occupant: 93%
- Child occupant: 87%
- Vulnerable road users: 82%
- Safety assist: 80%
- Average score: 85.5%



6. Mercedes EQE SUV

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What is colour blindness?

COLOUR blindness has nothing to do with being blind. It is a state of the eye which develops an inability to distinguish certain colours in life.

Contrary to what normal people see in the rainbow, people with colour blindness see less colour, and not everything looks bright to them. You mostly develop colour blindness from inheritance or at birth. One out of 12 males and one out of 20 women develop colour blindness. In the UK approximately three million people are colour blind (approximately 4.5% of the population).

What colour blind people see

Colour blind people can see every object with great sharpness and clarity. However, they are unable to see colours such as red, green or blue. There are also cases when people are unable to see any colour at all.

The common type of colour blindness is the red/green variety - people don't necessarily mix up these colours, but there are many dynamics in play. Since colours are made by blending the primary colours, those with colour blindness can only see the other

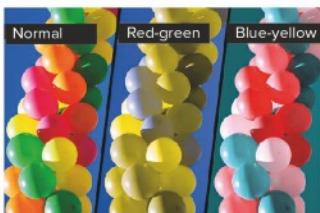
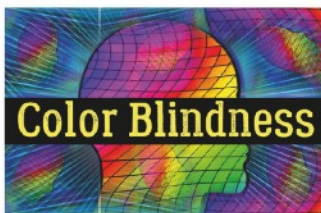
colours - not red, green or blue. For example, people with red/green colour blindness will be confused between the colour blue or purple because they can't see the red element in their mix.

Just like any other eye condition, colour blindness can be mild, moderate or severe. Those with mild colour blindness (40% of the population) may not be aware of it, while people with severe colour blindness (65%) can

are carried on by the X chromosome; consequently, men suffer most.

Types of colour blindness

Red-green colour blindness: This occurs when the red cones in the eye have reduced sensitivity to red light (protanomaly) or the green cones have reduced sensitivity to green light (deutanomaly). These reduce colour sensitivity, producing a dull, brownish-yellow colour landscape.



Blue-Yellow colour blindness: This rare form of colour blindness is also known as tritanopia; caused by the blue cones not working. Those with this condition have trouble distinguishing

show symptoms at quite an early age.

How does a normal eye work?

Our vision consists of specialised cells located within the retina. They are located in the rods and cones, which are responsible for visual acuity and colour contrast. For those with perfect vision, the eyes absorb three different wavelengths through the cones; short (blue), medium (green) and long (red). These three wavelengths combine to produce all natural colours.

Causes of colour blindness

Red/green and blue colour blindness is mostly inherited. These characteristics

colours such as yellow, violet, blue or green.

Monochromacy (rare): In this case (dichromatic), either none of the three cones works or there's a complication in the visual cortex. Those who develop monochromacy fail to see any colour at all.

Is colour blindness treatable?

Colour Blindness treatments differs based its type. For those affected with dichromatic colour blindness, no treatment is available as none of the cones are working. Protanomaly, deutanomaly and triyanopia can all be treated with corrective lenses.

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Make your conservatory look expensive

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WHETHER you're a conservatory connoisseur or a bit of a novice, the first step is always deciding exactly what you want from the space.

Go for customisable lighting

When night falls there's nothing cosier than a beautifully-lit conservatory. The right lighting can make the conservatory addition to your house a year-long, 24/7 usable room.

When it comes to lighting these unique areas of your home, we'd recommend lighting the perimeter of your room with a modern track light. Along the track, adjustable spotlight heads can be customised to your liking, allowing you to switch the lighting in your room easily.

Don't shy away from colour

Don't feel like you have to stick to neutrals – whether that's the actual frame of your conservatory, the furniture you use or the accessories that adorn the space.

One of the simplest ways to make an old conservatory look good is by embracing colour. Look to the vivid magentas, dark forest greens and



rich navy blues that have proven so popular in recent years to enrich your space with a new sense of wealth and warmth.

Choose sleek window dressings

Opt for blinds that are made to measure and fit onto the window frame like perfect fit and stick fit styles attached flush to the window frame to create a seamless look. Having these properly fitted blinds will make the space appear more expensive and bespoke

Choose clever storage

Smart storage solutions keep things sleek by ensuring there is a place for everything. So make your furniture work harder by combining comfort with functionality.

Replace a couple of dining chairs with an upholstered storage bench and the coffee table with a chest to store books and blankets – utilise the space by making each piece as multi-functional as possible.

Add varying textures

Instantly infuse your conservatory with contemporary style by introducing organic materials and textures.

Introduce wood, stone, cane and fur to provide depth and contrast with plain white windows or doors. You can use varying textures of throws, rugs, cushions and artwork.

Add a cosy feel with rugs

A thoughtfully chosen rug can work wonders in bringing together the blossoming outdoors with the cosy indoors. Not only do they enhance comfort underfoot, but they also help to elevate the overall scheme. Think a cosy rug for the seating area and a durable rug near the door that can withstand heavy foot traffic.



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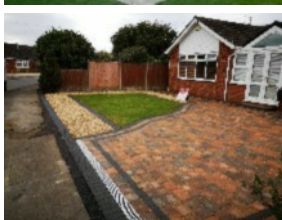
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How long does it take a novice runner to be marathon-ready?

THE sight of those weary but triumphant runners crossing a marathon finish line: it's enough to inspire anyone to crack the trainers out of their box, and start pounding the pavement to emulate their achievements.

You'll see it in this year's Great North Run - which is a half-marathon - as well as the London Marathon. All of those runners will no doubt inspire others to get involved. So, how realistic is it for someone who, beyond school PE class, has never run in their lives, to be ready for a challenge of potentially 26-plus miles the following year?

According to the experts, it's entirely doable, and wouldn't take as long as you may think. But be prepared to put a lot of training hours in, and for the event itself to be one of the most challenging things you've ever done.

Six is the magic number

The London Marathon organisers put out a training plan for beginners on the official website, especially with so many runners entering to raise cash for a good cause, rather than build an impressive athletics CV.

If you're looking for a ballpark figure

for the time required to be route-ready, think at least six months.

The first four to eight weeks of that time should be spent running regularly to get yourself used to having an exercise routine. After that, a 17-week training programme exists, which is a mix of easy runs, break days, stretches, hill runs and fartlek runs (splitting your pace between slow and fast speeds).

While marathon training should be a challenge to a beginner, the organisers are keen to stress that it should never be overwhelming.

Listen to your doctor

Before anyone jumps off the sofa and prepares for a distance that could take a beginner more than five hours to complete, remember that your health is more important than anything.

The NHS has its own guide to taking up running from a standing (or sitting) start, and suggests building up to a 5k run rather than a marathon, although this could also act as a milestone on the way to completing a longer distance.

Build your mind as well as your body

The organisers behind the Great

North Run and other long-distance events also offer advice for first-time participants on their website. Their marathon training plan involves a 24-week schedule, but also advice on motivation and the mental preparation which is just as important as getting your body ready.

In an article on the Great Run website, sports scientist and former Olympic pentathlete Professor Greg Whyte says: "You are very unlikely to enter a run with the absolute belief that you will be successful. Whether your goal is to complete the distance, run a particular time or to win, it is only natural to possess some doubt.

"But see this as a positive thing - if success was a foregone conclusion it wouldn't be worth achieving! Unlike motivation, which can often be high when you start out, belief in your capabilities builds more progressively."

Have a long think. Weigh up the pros and cons. Would you rather tackle the Great North Run in September if a full marathon route feels too challenging?

If you're set on completing a marathon and 2025 sounds too ambitious, aim for 2026 or later. But if you do have that finish line in your sights - the very best of luck!

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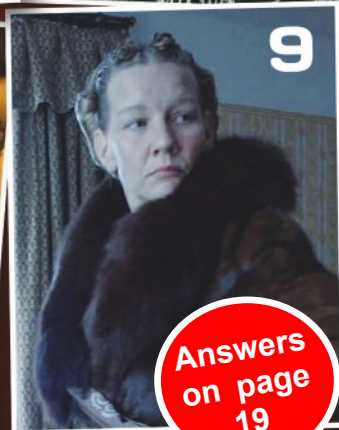
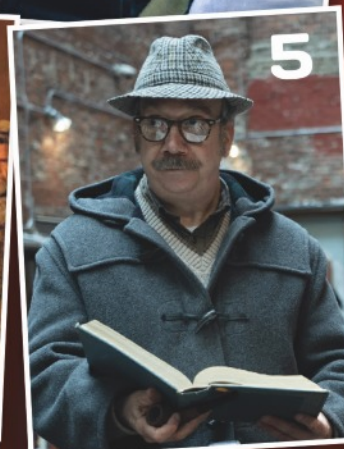
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Movie Quiz Best of 2024

Can you identify these movie highlights from last year?



Answers
on page
19

Your Horoscopes



Aries (March 21 - April 19)

The energy that powered Aries will slowly decrease at the beginning of the year, and the Moon and its phases will affect them the most. Take good care of your health in between the new moon and the full moon. Do not exhaust your body and especially not your digestion.



Taurus (April 20 - May 20)

Thanks to a high dose of determination to work, you will reap high financial rewards, which you will like, and you will constantly move forward. However, be careful not to overwork; it could backfire on you in the form of a health problem. Eat healthily and don't forget to relax.



Gemini (May 21 - June 20)

You will work hard, and then you will not have time for your hobbies and friends. This can affect your mental health, and you will want to shut yourself off from other people. This does not necessarily mean something bad; but, at the same time, do not let a negative attitude towards life engulf you.



Cancer (June 21 - July 22)

Cancerians will have a certain amount of self-confidence, especially at work. You will no longer be afraid to say what you like and what you don't, thanks to which your superiors will start to perceive you as equal. During this period, you will surprise yourself with your creativity and fresh ideas.



Leo (July 23 - August 22)

There will be some great ideas in your head that you will want to implement. However, you must take into account that something will have to be sacrificed. Therefore, in this period you need to think rationally and properly consider all the pros and cons before embarking on something.



Virgo (August 23 - September 22)

Persuasion will be your strong point, especially at work; but don't overdo it, it could have a negative impact on your working relationships. You'll get along great with your friends, but it will hold you back a little in this sense. Give yourself space and use it for self-education and relaxation.



Libra (September 23 - October 22)

Libras might have some problems at work. Your boss has been quite despotic for some time now, and it won't be any different in the upcoming days. You will have trouble stopping yourself from making inappropriate comments; however, you should wait for a better opportunity.



Scorpio (October 23 - November 21)

Communication and negotiation will be the strength of all Scorpios. You will use that mainly at work, where you will achieve some significant success. But do not let your success go to your head; it could trigger your colleagues and even make them your enemies.



Sagittarius (November 22 - December 21)

Sagittarians should beware of envy. Colleagues or neighbours will pay close attention to everything you buy or get. Nevertheless, you will also know who is a true friend and who is merely self-seeking. Although hurtful, it will give you space to focus on the people who really care about you.



Capricorn (December 22 - January 19)

Capricorns will demonstrate amazing communication skills and empathy. In this time, lots of your friends will feel close to you, and they will tend to ask you for your advice; you will become a popular person among your friends. However, do not let the complaints and problems of others tire you.



Aquarius (January 20 - February 18)

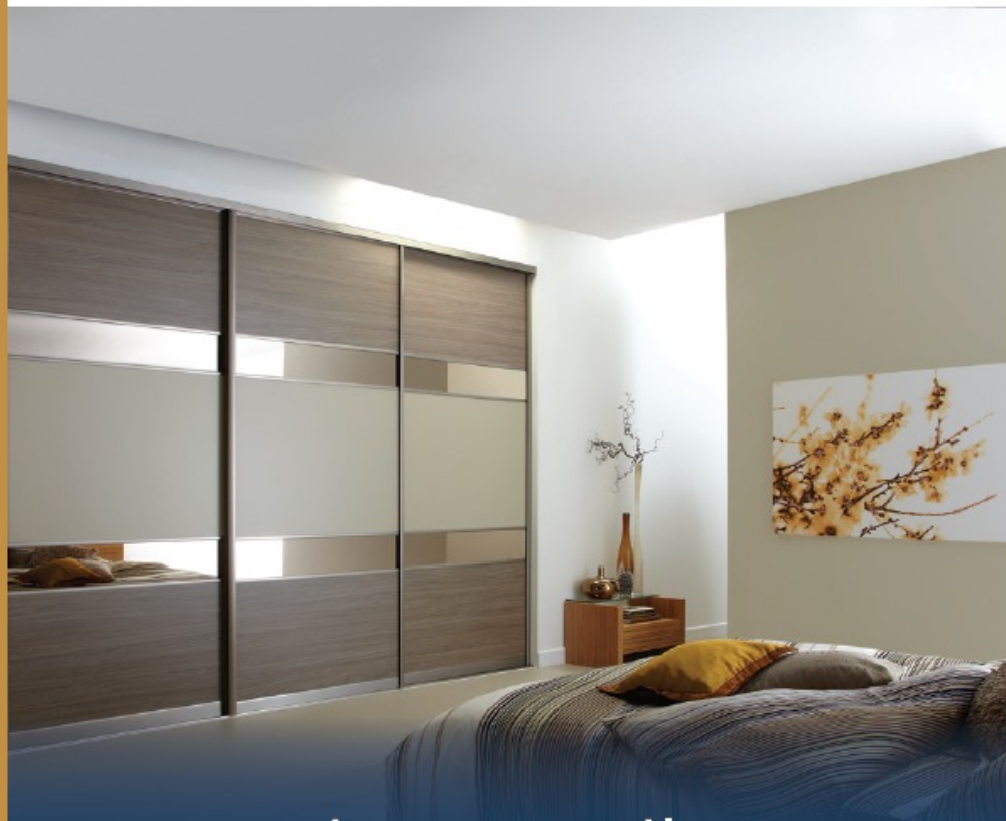
Aquarians will be caring and affectionate, thanks to the influence of Venus. However, it could be a problem in some situations. Pay more attention to your partner instead of flirting with others. If it comes to a conflict, you could risk losing them because of your behaviour.



Pisces (February 19 - March 20)

This will be more of a calm period for Pisceans. You should take care of your health, because you will be prone to have problems with your airways. The best thing you can do is skip some fun evenings with your friends and improve your sleeping and eating habits.

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Give your bare garden walls a new lease of life

DECORATING the exterior not only weatherproofs and protects your home, it's also the perfect opportunity to add design personality to the outdoor space.

You don't need to revamp the whole facade to make an impact. A simple update such as painting an exterior wall to offset patio furniture can make the whole home feel renewed.

Freshen it up with a new colour

Swap safe neutrals for a splash of bolder colour outdoors with imaginative garden paint ideas. Painting one wall a vibrant shade will give an outdoor space focus and makes a lively backdrop for an outdoor dining area or a relaxed seating snug.

Adding colour to a run-down outdoor wall will transform the space.



On-trend green will bring a calm, restorative feel and transport small urban spaces from unloved, into a natural retreat.

Tile an outdoor wall

You can tile a garden wall, and it looks great if you do it correctly (bottom left).

You need to use porcelain or natural stone as they are weather-resistant and less likely to fade over time. They need a lot less maintenance than options such as paint, but you do need to ensure the colours and design match your garden and landscaping choices.

Consider lighting

Outdoor lighting fixtures can breathe new life into the area, and you will likely find that they add a whole new element of warmth in the evenings - especially in summer (right).

Pillar lights are a great idea for bare walls. They have triangular beams that fan up and down to create a silhouette of light on a wall.

Perk up a plain wall with jolly DIY planters

Step up clever upcycling garden ideas to add unique personality to an outdoor wall in a covered patio or courtyard (above right). Repurpose a couple of old straw hats that are out of shape and no longer worn. Simply cut a hole in the top of the hat (the part that sits on the head) so that you can slip a small plant pot

inside. Use garden twine and a nail to secure the hat planter to the wall and then pop a potted plant in, arranging the foliage to cover up the hole. This is a great budget garden idea if you want to keep costs down.



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Footballers... and their cars

THE top 20 most expensive cars owned by Premier League stars have been revealed - with Manchester City and Manchester United players dominating.

Premier League footballers get paid incredibly well and like to splash their salaries on nice things as a result.

You only have to lay eyes on the car park at a club's training ground to see the supercars on show.

At Newcastle United, there's been a new addition as **Anthony Gordon** has become the first UK owner of the new GMC Hummer EV, which costs around £190,000 and will require a payment of £75.50 every time he fills up with petrol.



Earlier this year, Autotrader magazine compiled a list of the twenty most expensive cars owned by the ten players with the highest market value.

As expected, plenty of household names feature - with Man. City star **Jack Grealish** ahead of teammates **Ruben Dias**, **Erling Haaland** and **Phil Foden**.

The former Aston Villa captain occupies third

place with a Lamborghini Urus that is worth more than £200,000 and also owned by Arsenal's **Gabriel Martinelli**.

Bukayo Saka gets around in a £151,736 Ferrari 548 Spider, while **Bruno Fernandes** is the proud owner of a Porsche Panamera which is valued at just over £100,000.

But it is his Manchester United teammate **Marcus Rashford** who tops the list by some distance with a luxury Rolls Royce Cullinan that set him back more than £300,000.



Marcus Rashford: the Manchester United and England star is the proud owner of a luxury £328,355 Rolls Royce Cullinan.

1	Marcus Rashford	Rolls Royce Cullinan	£328,355	11	William Saliba	Audi e-tron GT	£62,308
2	Gabriel Martinelli	Lamborghini Urus	£217,768	12	Bernardo Silva	Mercedes-Benz GLE	£54,444
3	Jack Grealish	Lamborghini Urus	£210,860	13	Rodri	Range Rover Sport	£54,266
4	Bruno Guimaraes	AMG G63	£164,351	13	Trent Alexander-Arnold	Range Rover Sport	£54,266
5	Bukayo Saka	Ferrari 458 Spider	£151,736	13	Declan Rice	Range Rover Sport	£54,266
6	Bruno Fernandes	Porsche Panamera	£101,126	16	Martin Odegaard	Audi RSQ3	£50,892
7	Ruben Dias	McLaren 570S	£94,428	17	Christopher Nkunku	AMG CLA 45 S	£49,564
8	Erling Haaland	Audi RS6 Avant	£82,013	18	Enzo Fernandez	Mercedes C-Class	£31,451
8	Alexander Isak	Audi RS6	£82,013	19	Moses Calcedo	Audi Q3	£30,311
10	Phil Foden	AMG GLE53	£69,397	20	Julian Alvarez	Mercedes A200	£24,049

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