

INSIDE Lincs

City Edition - Nov 2025

FREE
To Homes &
Businesses - Every Month



www.insidelincs.co.uk | Call: 07856 376 061

REVIEWS and more - Inside | Advertising Rates From Just £22pm (NO VAT)

Welcome...

to our November edition of Inside Lincs, where you will find some great editorial content, such as: Health & Fitness, some of the Best Christmas Toys for the Kids (pages 6 & 7) November Horoscopes, reviews and more, to name just a few.

We also have some fantastic promotions from a diverse selection of companies, with huge savings on products and services - along with recipes, film guides, puzzles, useful numbers & much much more - they're really **is something for everyone in our Mags.**

Promoting your business is a sound investment, and free magazines have become a cost effective way to reach new customers and get your brand out there, where it matters..!

Why not promote your business in *Inside Lincs* magazines and reach over **18,000 homes & businesses each & EVERY MONTH.**

It's simple, and so too is booking. Just text advert to 07856 376 061 and we'll call you back to advise you on the best package for your business.

Or you can email, nigel@insidelincs.co.uk or call 01522 394438 to speak to our sales team. And remember, **ALL** advertising is tax deductible..!

Inside Lincs magazine...
traditional advertising - made better

Until next month, Nigel & Sherri

CONTENTS...

Published by Inside Magazines.

8 & 9	Diary Dates
11	Gaming Tech
14	November Film Reviews
22	Making A Will - Part 3
24 - 38	Home Improvements
41	In This Month...
42	November Horoscopes
44 - 48	Gardening Pages
49	Football Fiance - And More!



ARTWORK DEADLINE: 19TH of each month

Telephone: 07856 376 061

Email: nigel@insidelincs.co.uk

Web: www.insidelincs.co.uk

FOLLOW US ON



Copyright: No part of this publication may be reproduced, resold or stored in a retrieval system without the express permission of "Inside Lincs Magazine". Ts&Cs on our website. Adverts: When providing advertising copy, artwork or photographs from existing sources, it is our customers' responsibility to ensure that all the appropriate permissions regarding copyright have been obtained from the originator. Inside Lincs Magazine accepts no liability for copyright issues regarding adverts published in good faith.

Would you like an honest,
reliable and **AFFORDABLE**
police checked* cleaner
to clean your home?

Typically

£18.00 per hour
fully
inclusive.



Then contact us at



TIME FOR YOU
DOMESTIC CLEANING

Call Zara **TODAY!**

01522 251026

Email: lincolnshire@uk.timeforyou.cleaning
www.timeforyou.cleaning

£15 OFF*

Your first clean with
this advert - QUOTE TFY-AD1



*police checked cleaner on request.
All offers & promotions are subject to terms available on our website.



Dementia: Definition, symptoms and causes

Part five - can dementia be prevented?

THERE'S no certain way to prevent all types of dementia, as researchers are still investigating how the condition develops. However, there's good evidence that a healthy lifestyle can help reduce your risk of developing dementia when you're older.

A healthy lifestyle can also help prevent cardiovascular diseases, such as stroke and heart attacks, which are themselves risk factors for Alzheimer's disease and vascular dementia (the two most common types of dementia).

Risk factors for dementia

A risk factor is something that increases your likelihood of developing a condition.

Some dementia risk factors are difficult or impossible to change.

These include:

- age: the older you are, the more likely you are to develop dementia. However, dementia is not a natural part of ageing
- genes: in general, genes alone are not thought to cause dementia. However, certain genetic factors are involved with some of the less

common types. Dementia usually develops because of a combination of genetic and "environmental" factors, such as smoking and a lack of regular exercise

- air pollution: research suggests that air pollution may affect the brain and could increase the risk of dementia.

Research suggests other risk factors may also be important. These include:

- hearing loss
- untreated depression
- loneliness or social isolation
- sitting for most of the day

The research concluded that by modifying the risk factors we are able to change, around 4 in 10 cases of dementia could be prevented.

Experts agree that what's good for your heart is also good for your brain. This means you can help reduce your risk of dementia by:

- eating a balanced diet
- maintaining a healthy weight
- exercising regularly
- keeping alcohol within recommended limits
- stopping smoking

- keeping your blood pressure at a healthy level

Diet and dementia

The risk: a diet that's high in saturated fat, salt and sugar, and low in fibre, can increase your risk of high blood pressure, high cholesterol, becoming overweight or obese, and type 2 diabetes.

What you can do: eat a healthy, balanced diet following the NHS' Eatwell Guide.

Weight and dementia

The risk: being overweight or living with obesity can increase your blood pressure and the risk of type 2 diabetes, both of which are linked to a higher risk of Alzheimer's disease and vascular dementia.

What you can do: check if your weight is within the healthy range using the healthy weight calculator. If you are overweight or living with obesity, even losing 5% to 10% of the excess weight can help reduce your risk of dementia.

Next month: More on dementia prevention.



Confidence you can wear

WIGS - HAIRPIECES - TURBANS

CHEMOTHERAPY
ALOPECIA
THINNING HAIR
NHS WIG VOUCHERS ACCEPTED

WWW.FACE-FACTS.CO.UK

01522 544727

ENQUIRIES@FACE-FACTS.CO.UK
1 STEEP HILL, LINCOLN, LN2 1LS



**Bailgate
Hearing**
AUDIOLOGY SPECIALISTS

**Your hearing
matters to us**

- ✓ Earwax removal by Microsuction
- ✓ Free hearing tests
- ✓ Great value hearing aids
- ✓ Invisible hearing aids
- ✓ Free, easy parking
- ✓ Home visits available



£10 off
earwax removal
in November 2025

Contact us:
01522 275060
info@bailgatehearing.co.uk

Find us at:
Greetwell Place, 2 Lime Kiln Way
Lincoln, LN2 4US
(Opposite County Hospital)

Book today: www.bailgatehearing.co.uk

BEYOND WEALTH

The healthy way of retaining nutrition whilst cooking and removing pesticides from our food in the preparation.

Do you know that the average home could be losing up to 85% of nutrition because of how food is prepared and cooked
If you want to know more book for a free quick session by calling: **07552 708145**

Email: beyondwealth2025@outlook.com

How to cook to save energy and to retain nutrition in cooked food.

Time saving while cooking.

Reducing any chemical reactions from the cooking and how to get alkaline water.

This can do all your cooking.
brought to you by **BEYOND WEALTH**
Wealth is good but HEALTH is more important.



Alkaline
Water



93%
Nutrition
Retention



70%
Energy
Savings



50%
Time
Savings



0%
Chemical
Reaction



BEST CHRISTMAS TOYS 2025



Gabby's
Dollhouse - The
Movie
£65 Argos



Jurassic
World Interactive
Hatching Dino
£65 Argos



Labubu
Pop Mart
£39.99
Selfridges



SMISKI
Mini Figures
£12
Selfridges

LEGO
Minecraft
The Creeper
£29.99
John Lewis





**Steiff Jimmy
Christmas Teddy
Bear**
£39.99
John Lewis



**noodoll
Plush**
£23
Selfridges

Toniebox 2
£99.99
John Lewis
& Argos



**Hot Wheels
Dual Dragon
Transporter**
£55 Argos



**Monster Jam
Smash & Bash
Gravedigger**
£50 Argos





WHAT'S ON IN LINCOLN

Visit Lincoln

Washingborough Christmas Craft Fair, **Saturday 22nd November 10.00 - 3.00** **Washingborough Community Centre and Sports** **Pavilion LN4 1AB**

Discover unique handmade gifts, festive treats and seasonal cheer, you might even spot Santa and his Elf! Free entry and parking.

For more information contact Karen 01522 790109
Or email: washingboroughpc@gmail.com

Christmas Party Night at Healing **Manor**

Friday 12 December
The Barn, Healing Manor Hotel, Healing,
Lincolnshire
£49 per person

Whether you're celebrating with friends, colleagues, or loved ones, our Christmas Party Nights promise fun, laughter, and festive sparkle from start to finish.

Indulge in a delicious, three-course festive feast from The Pig & Whistle kitchens as you enjoy live music from Ellis Wood. After dinner, hit the dance-floor with a DJ and disco, and party the night away to your favourite festive tunes.

Drinks packages, featuring a range of spirits and mixers, wines, beers and fizz, are available to pre-order

Lincoln Santa Fun Run & Walk **December 14th - All Day** **Cathedral Quarter**

A popular annual charity event in the city's festive calendar, Lincoln Rotary Club's Santa Fun Run & Walk is returning this December!

This Christmas, join 2000 Santas as they form a sea of red running (and walking) through Lincoln's historic Cathedral Quarter.

Now in its 20th year, the Lincoln Santa Fun Run is one of the longest running festive fun runs in the UK. This annual event is fun for the whole family, and a great experience to enjoy together just before Christmas. And if you're not taking part in the race, you can still come down to cheer on the Santas!

Lincoln Ice Adventure

December 6th 2025 - December 7th 2025
Saturday 11:00 - 17:00
Sunday 11:00 - 17:00

This December, the Lincoln Ice Adventure is set to transform the city into a magical winter wonderland once more.

Ice sculptures will be placed across Lincoln, creating a wonderful festive trail for the whole family to enjoy. As you make your way around the city, you will have the chance to indulge in some shopping, and stop off for some seasonal treats en-route.

The sculptures will be placed in key locations, including Lincoln Cornhill, Steep Hill, and Lincoln Cathedral, where a picturesque backdrop of historic architecture will add to the festive magic.

With live entertainment, events and activities on all weekend, the Ice Adventure is the perfect way to experience the wonderful atmosphere of Lincoln at Christmas.

Breakfast With Santa The Woodcocks Lincoln

Create unforgettable Christmas memories at The Woodcocks Lincoln with our Breakfast with Santa events throughout December.

Santa will be stopping by in Saxilby Road this December for a magical morning filled with festive cheer, delicious food and heart-warming moments.

Breakfast With Santa Nosey Parker Lincoln

Santa has kindly agreed to come and visit us this December for a super special breakfast with all our favourite little ones! Plus, they'll have the chance to let him know how good they've been and secure those presents at the top of their Christmas list.

When you book Breakfast with Santa at the Nosey Parker, your little elf can tuck into one of our three kids' breakfast options, a drink on the side AND a little surprise from Santa, all for just £9.99! If they're a fan of the morning sweet treat, we've got breakfast sorted with our too-cute-to-eat Santa's Pancakes, and if they're the type that loves a full English, there's bacon, sausage, hash brown bites and more all ready

The Real Christmas Experience 2025 Rand Park

Experience the magic of Christmas like never before Step into a world of wonder with The Real Christmas

Experience, an enchanting, immersive, and interactive theatrical experience! Join us as we invite all Farmer Folk to explore the magical Elven town of Merryjingle, where the spirit of the season comes alive in the most spectacular way.

Journey through the twinkling streets, meet the cheerful elves, and dive into the heart of Santa Claus's world. Whether you're young or young at heart, this unforgettable experience will fill you with the true joy of Christmas.

Meet Santa at the Pink Pig Farm

**Saturdays and Sundays from 29th November - 21st December 2025,
plus Monday 22nd, Tuesday 23rd & Wednesday 24th December.**

Bring your family for an immersive Christmas experience at The Pink Pig Farm. With tickets just £12 for under 1s (gift included) and £25 for children, we're home to North Lincolnshire's best value Christmas experience.



ahm
installations

Family-run for 26 years!

- Specialists in walk-in showers, walk-in baths & wetrooms
- Free home visit, quotation & design pack
- VAT free for those with medical & chronic conditions

Visit ahminstallations.co.uk
Call **01522 500288**

Over **300** Reviews

  *T's and C's apply

**UNWRAP A
£1,000
SAVING
THIS SEASON***

Bathe *safely*,
without
sacrificing
style.

DINING OUT AT ORBIS

Stamford is a Lincolnshire town that has centuries of history. Some of the stone buildings date from the 17th and 18th centuries and there are very old timber-framed buildings, plus medieval churches, that attract visitors, constantly. The wool trade had a great influence on the success of Stamford. A good number of hotels and guest houses, in Stamford and the surrounding area, have comfortable and well-appointed accommodation. Retailers supply everyday essentials and weekly needs, plus goods and products, many of which are unique, fit for special occasions. Excellent restaurants and eateries offer various cuisines and are extremely popular.

Award-winning Orbis restaurant, located in Stamford, opened during May 2021 and gained a lot of interest from the outset. All dishes are gluten-free.

Orbis 'Taste the World' menu includes choices of 'Signature Dishes' that include meats, seafood and vegetable options, plus 'Miniature Tacos', with various sauces and sides. The 'Collection' section of this



menu changes seasonally. The 'Croquette of the Week' changes weekly and is always a popular selection with diners, including many regulars. Set menus, designed for two people or for a group, sharing in pairs, also continue to be very popular too.

I chose Pan-fried Prawns (garlic & chilli butter) to commence, with sides of Patatas Mixtas and Tenderstem Broccoli. Perfectly cooked and very attractively presented, this dish had an abundance of complementing flavours. Without hesitation, 'Compliments to Chef' were duly awarded, Head Chef is Josh, who, with the brigade, takes great pride and satisfaction in delighting diners.

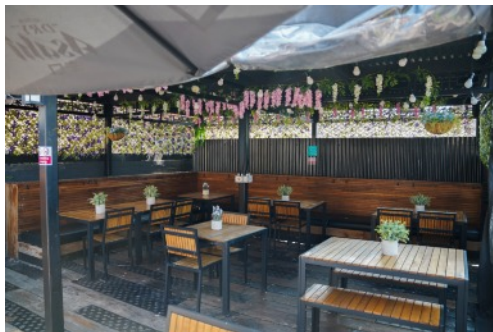


Desserts offer a 'wealth' of temptations, including their 'Liquid Puddings'. I favoured Dark Chocolate Cheesecake

and found it most delectable and a perfect finish.



'Themed-Dining' times are regularly very well attended, such as the 'Boozy Brunch', which includes a brunch dish (bacon, chicken, mushroom, steak, salmon and other choices). Plus up to 5 cocktails, for a fixed price. Mocktails, wines and soft drinks are available too.



Gift vouchers are available and collections/deliveries also. Parties and occasions are easily accommodated.

Thank you to Jennie, for exemplary service throughout. Highly recommended.

Orbis, 11 All Saints Place, Stamford PE9 2AR. Tel: 01780 669950.

E-mail: orbisstamford@tastetheworld.uk
Web: www.orbisstamford.co.uk



As always,
Enjoy!

GAMING TECH

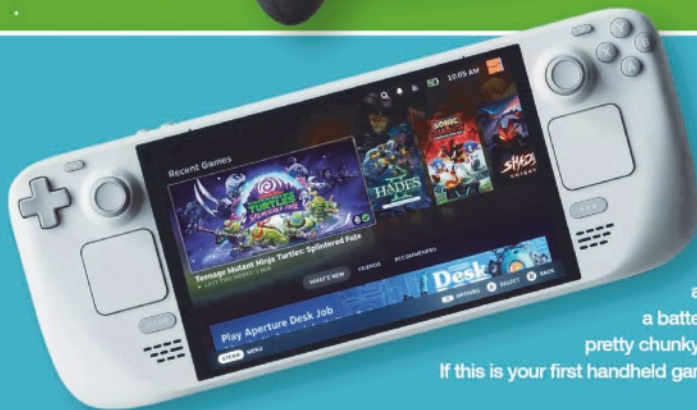
ROG XBOX ALLY X £720

There's plenty of Asus DNA still on display here, but the Xbox Ally X also proudly wears its Microsoft influences. Two grips that look like they could've come straight off an Xbox One controller now flank the 7in screen, giving you lots more to grab onto. It instantly feels more comfortable than the standard Ally, and sits more naturally in the hands than the Asus-flavoured Ally X. It's also chunkier than the Switch 2.



VALVE STEAM DECK OLED £430

The Steam Deck OLED arrived at the tail end of 2023 as an upgrade to Valve's handheld PC. As well as having a superior screen this model is also lighter and quieter, and crucially has a battery that lasts considerably longer. It's still pretty chunky, but it sits in the hands nice and snugly. If this is your first handheld gaming PC, you're likely to be blown away by what the Steam Deck OLED can do.



NINTENDO SWITCH 2 £479

The original Switch became one of the best selling consoles of all time, so is it any surprise that Nintendo hasn't messed too much with the formula? As well as being a handheld, the Switch 2 lets you detach the Joy-Con controllers to play in tabletop mode, or combine it with the dock to play on your TV. The screen's slightly bigger, and it's more powerful. In other words, it does just what the original Switch does, but better!





Cauliflower cheese and potato bake

Once you've made this version, you could try mixing up the cheese – use something with a similar strength to mature cheddar, such as a creamy Stilton.

Ingredients

- large cauliflower (about 1.3–1.4kg/3–3lb 3oz), leaves and stalk trimmed away, cut into small florets
- 4 spring onions, trimmed, white parts and green parts separated and sliced
- 70g/2½oz butter

- 1 onion, roughly chopped
- 70g/2½oz plain flour
- 1 tsp English mustard powder
- 750ml/1¼ pint milk
- 150ml/5fl oz vegetable stock
- 150g/5½oz mature cheddar, grated, plus 2 tbsp extra for topping
- 25g/1oz Parmesan, finely grated
- 4 tbsp single cream

- 2 tbsp finely chopped fresh flatleaf parsley, plus extra to garnish (optional)
- ¼ tsp ground white pepper salt and freshly ground black pepper

For the topping

- 900g/2lb potatoes, peeled or well scrubbed
- 1 tbsp vegetable oil

Method

Step 1 Bring a large saucepan of water to the boil. Add the cauliflower and cover with a lid. When the water returns to the boil, cook for just 2 minutes. Drain well and leave in the colander to thoroughly steam dry while you make the sauce. The cauliflower should still have a lot of bite.

Step 2 Place the white parts of the spring onions in a saucepan with a lid. Add the butter and onion and, once the butter has melted, put on the lid and cook until really soft but not coloured, stirring occasionally.

Step 3 Stir in the flour and

mustard powder, then gradually stir in all the milk followed by the stock. Cook over a gentle heat, stirring, until it just begins to bubble and has thickened. Remove from the heat and stir in both cheeses until melted. Add the cream, parsley, white pepper and ½ teaspoon of salt. Combine the sauce with the cauliflower in a large baking dish. Stir through the green parts of the spring onions.

Step 4 To make the topping, bring a large saucepan of water to the boil and add the whole potatoes. Cook for 15 minutes, or until almost cooked. Drain and, when cool enough to handle, slice into 5mm/¼in-thick rounds. Layer

the potatoes over the cauliflower mixture (you can cover and chill the bake for 1 day or freeze for up to 3 months).

Step 5 Preheat the oven to 200C/180C Fan/Gas 6 and brush the topping with the oil. Season the top with salt and pepper, then bake for 30–40 minutes, or until golden and the sauce below is bubbling. Preheat the grill and scatter the extra cheddar over the top. Grill briefly to melt the cheese and brown the top. Garnish with parsley, if preferred and serve immediately.

Serves: 5–6

Prep: 25mins **Cook:** 1–2 hrs

BELLAMY'S

Quality Family & Catering Butchers

NOW TAKING ORDERS FOR CHRISTMAS
FRESH TURKEYS, FRESH TURKEY BREASTS,
FRESH CAPONS, DUCKS, GEESE, BEEF.

WE HAVE A WIDE RANGE OF COOKED
MEATS AND PIES TO SUIT EVERYONE.

ORDER EARLY TO AVOID DISAPPOINTMENT

Support available for vulnerable people in the
Hykeham area, contact us for more details

Bellamy's Butchers
No 1 Jaguar Drive, North Hykeham.
Tel:01522 696248



Personally
used & highly
recommended



07412 603 623

All work undertaken from servicing
to complete restoration

- Mot
- Servicing
- Cam/Timing belts
- Timing chains
- Clutches
- Tracking
- Diagnostics
- Brakes
- Suspension

Please call, email or WhatsApp any
questions or quotations .
skellingthorpemotorservices@gmail.com
skellingthorpemotorservices.co.uk

**This ¼ Page could have
been an advert for an:**

**Optician, Estate Agent, Beautician,
a Driving Instructor or Travel Agent**

**But we don't have any of these businesses
advertising with us at the moment.**

Make this space yours!

From just £40pm – NO VAT

Prices above are based on a 12 month booking and are per magazine.
Easy payment terms. Full T&Cs on our website

Visit us online @ www.insidelincs.co.uk

"Inside Lincs Magazine"

T: 07856 376061

E: nigel@insidelincs.co.uk

W: www.insidelincs.co.uk

The original "Lincs" Publication!
Often copied - Never bettered!

Follow us on:



A promotional image for the movie 'The Running Man' featuring Josh Brolin in the center, wearing a red and black vest with 'RICHARDS' on it. He is flanked by two men in black uniforms and caps. The background is dark with red neon lights and the word 'RUNNING' partially visible.

Cinema

NOVEMBER

The Running Man • In cinemas: November 14, 2025 • Director: Edgar Wright

● **Starring:** Glen Powell, Emilia Jones, Josh Brolin ● A man joins a game show where contestants, allowed to go anywhere in the world, are pursued by 'hunters' hired to kill them. Arnold Schwarzenegger starred in the original Stephen King adaptation - this reboot casts Josh Brolin as psychotic show host Killian. Edgar Wright directs.

Predator: Badlands

● **In cinemas:** November 7, 2025

● **Director:** Dan Trachtenberg

● **Starring:** Elle Fanning, Dimitrius Schuster-Koloamatangi

● In this first standalone film from the Predator franchise, a young Predator outcast from his clan finds an unlikely ally on his journey in search of the ultimate adversary.



Wicked: For Good

● **In cinemas:** November 21, 2025

● **Director:** Jon M. Chu

● **Starring:** Cynthia Erivo, Ariana Grande, Jeff Goldblum

● After challenging the Wizard's totalitarian regime in Oz, Elphaba must grapple with her identity as the "Wicked Witch of the West". Meanwhile, the Wizard has given Glinda the title "Glinda the Good" and a public status as the nation's defender against Elphaba. The two witches must make decisions that seal their fates.



Deo Law

wills • trusts • powers of attorney • probate

The Case of Two Wives and No Will

In 2012, a UK gentleman (“**JD**”) married a lady (“**VF**”) in Las Vegas. The pair later separated but they did not divorce. In 2017, JD purported to marry another lady (“**MD**”) – again in Las Vegas. In 2020, JD died **without a Will**, leaving an estate reportedly worth around £1.8million.

When someone dies without a Will, a set of rules called “intestacy” tells us who should inherit. First in line is the deceased’s spouse and children. But in this particular case, because JD and MD’s marriage was void (JD was already

married to VF), MD was not a “spouse” and therefore she could not inherit under the intestacy rules.

MD brought a legal claim against the estate, which the Judge allowed. An interim payment of £50,000 has been granted to MD and, at the time of writing, a full hearing will decide how JD’s estate should be inherited.

There are lots of lessons to learn from this ongoing case but one of the most important is that you should **always** have a Will.

Browse: www.deo-law.co.uk

E-mail: jemal@deo-law.co.uk

Visit: Commerce House, Carlton
Boulevard, Lincoln LN2 4WJ

Call: 01673 274 427

recycle
The possibilities are endless.

Please pass this magazine
on or recycle it!

BEST BUDS

FULLY INSURED FEMALE GARDENER
WEEDING, PRUNING, PLANTING, MOWING

All work Guaranteed

CALL NICKY ON 07398 227 138

Your local trusted Independent Mortgage Advisor

**Established in Lincoln for
nearly 30 years, specialising in**

- PERSONAL PROTECTION
- MORTGAGES BUILDINGS
- INSURANCE
- REMORTGAGES
- BUY TO LET
- LIFETIME MORTGAGES

**Call us today to arrange
a meeting at your convenience
at our Lincoln office or your home.**

FINANCIAL SERVICES

10 Gordon Road,
Bailgate,
Lincoln LN1 3AJ
01522 511177

Mortgages on and Equity Released from
your home and will be secured against it.

FREE HEARING TEST

Hear the little things in life
with the latest comfortable & invisible aids

CLAIM YOUR
SPECIAL
HEARING AID
DISCOUNT*
quote ref
ILIN

Helping people to hear since 1936

- ✓ Free aftercare
- ✓ Rechargeable options
- ✓ Trusted for years
- ✓ Free parking
- ✓ Discreet tech
- ✓ Wax removal service

 **SOUND ADVICE**
hearing centre

Trouble hearing? Then contact us today!

12 Grantham Rd, Bracebridge Heath
Lincoln LN4 2LD

t: **01522 686114**

7 Church Lane, Horncastle
Lincolnshire LN9 5HW

t: **01507 524244**

www.soundadvicehearing.co.uk



EMERGENCY SERVICES

Police, Ambulance & Fire	Tel: 999
Police non emergency	Tel: 101
Lincs Police HQ	Tel: 01522 532222
Citizens Advice Bureau	Tel: 0344 411 1444
Crimestoppers	Tel: 0800 555111

DOCTORS

Birchwood Medical Practice	Tel: 01522 699999
Richmond Medical Practice	Tel: 01522 500240
Welton Family Health Centre	Tel: 01673 862232
Cherry Willingham Surgery	Tel: 01522 751919

DENTISTS

Carholme Dental Practice	Tel: 01522 524504
Oasis Dental Care Ltd	Tel: 01522 685309
Cathedral View Dental Practice	Tel: 01522 888918
Complete Dental Care	Tel: 01522 688411

HOSPITALS

Lincoln County Hospital	Tel: 01522 512512
Grantham and District Hospital	Tel: 01476 565232
Pilgrim Hospital Boston	Tel: 01205 364801
County Hospital Louth	Tel: 01507 600100
QMC, Nottingham	Tel: 01159 249924
Samaritans	Tel: 116 123

SOCIAL CARE

Adults	Tel: 01522 782155
Children	Tel: 01522 782111
Carers Team	Tel: 01522 782224
Emergency out of hours	Tel: 01522 782333
Voluntary Care Services	Tel: 01522 551683

HOUSEHOLD EMERGENCIES

Environment Agency	Tel: 0800 807060
Gas Emergency	Tel: 0800 111999
Anglian Water	Tel: 03457 145145
British Gas	Tel: 0800 0480202
EON Electricity	Tel: 03332 024606
Electricity Emergency	Tel: 0800 375675
Gas Emergency	Tel: 0800 111999
Floodline	Tel: 08459 881188

LINCOLNSHIRE COURTS

Lincolnshire County Court	Tel: 01522 551500
Lincoln Magistrates Court	Tel: 01522 528218
Lincoln Crown Court	Tel: 01522 525222

TRANSPORT

Bus Station	Tel: 0871 200 2233
Train Station	Tel: 03457 48 49 50
DVLA	Tel: 0870 0421101
Passport Office	Tel: 03002 220000
Tourist Information	Tel: 01522 545458
Library	Tel: 01522 782010
Lincoln Council	Tel: 01522 873666
North Kesteven Council	Tel: 01529 414155

VETERINARY

The Veterinary Hospital	Tel: 01522 800333
Lincvet	Tel: 01522 534841
Vets4Pets Lincoln South	Tel: 01522 542781
Whitegate Veterinary Practice	Tel: 01522 790928
Park View Veterinary Hospital	Tel: 01522 683300

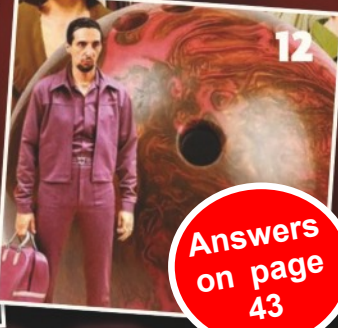
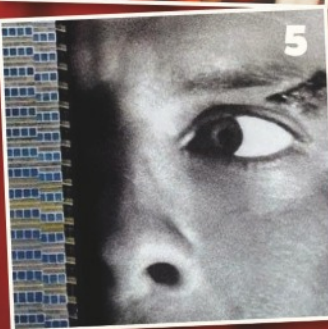
LEGAL SERVICES

Cobb & Co	Tel: 01522 823746
Lincoln Wills FCA	Tel: 01522 789903
Bridge Mcfarland LLP	Tel: 01522 518888
Sills & Betteridge	Tel: 01522 542211
QualitySolicitors Burton & Co	Tel: 01522 523215
SW Financial Services	Tel: 01522 511177

Hello.
Do you need any help
For living in Lincoln?
If so, here are some
useful & handy phone
numbers for you.

Movie poster quiz

Below are sections taken from twelve film posters. Can you identify the films?



Answers
on page
43

COMICS FOR ALL THIS FALL!

ODBOLZ COMICS FOR JUST 99p

30 TO COLLECT! Download at:
<https://odbolz.co.uk/99p-comic-books/>

- Drylining
- Skirting & Architraves
- Painting & Decorating
- General home jobs
- Fencing
- Shed bases and building
- Shed Ply Lining
- General Garden Jobs
- Plus many more**

We provide a range of home and garden services tailored to your needs

Contact 01522 698957 / 07598868425

**ADVERTISE
HERE (£22.00 PM NO VAT)**

If You're reading this, so are your potential customers!

CALL 07856 376061 TO BOOK TODAY

completecare Dental Clinic **NOW OPEN AT 19, THE FORUM, NORTH HYKEHAM**
REGISTERING NEW PATIENTS

Approved by the **Q** Quality Commission

DENTAL PLANS AVAILABLE FROM £16pm

Independent Dental Practice in North Hykeham, Lincoln

Complete Care dental clinic are an independent practice registering new patients - we are based on the forum in North Hykeham we offer all general dentistry, cosmetic, implants, dentures, tooth whitening and hygiene services - we are pleased to now offer implant retained dentures - And also Facial Aesthetics.

All ground floor disabled access

Saturday morning appointments available

Please Call 01522 688411

completecare **WWW.COMPLETECAREDENTAL.CO.UK**

Ford Puma Gen-E

The new all-electric version of Ford's hugely popular Puma small SUV

HOW do you make one of the UK's best-selling cars even better? Well, for some buyers, this new Ford Puma Gen-E electric SUV could be the answer.

Up until now, the closest the hugely popular Ford Puma range has offered to an electric car has been some mild-hybrid engine tech. With the arrival of the all-electric Gen-E, you can now choose a version that runs purely on battery power.

How can you tell a Gen-E apart from petrol Pumas? Well, it has a smoothed out

front grille, a slightly longer rear spoiler and white badging on the tailgate. It's also available in a unique paint colour named Electric Yellow for those who want their electric Puma to stand out.

Performance and drive

The Ford Puma Gen-E is powered by a 165bhp motor driving the front wheels, and that gave it enough power to sprint from 0-60mph in 7.8 seconds when we tested it in the wet.

What's more, the Puma's official 0-62mph time is more spritely than an equivalent Peugeot e-2008 or Vauxhall Mokka Electric and just half a second behind a Kia EV3 Standard Range. However, a Smart #1 Pure is much quicker from 0-62mph, taking 6.7 seconds.

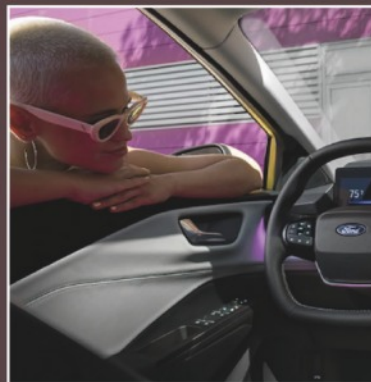
The Puma Gen-E's ride is much firmer than most rivals'. While generally calm, controlled and comfortable, it can be unsettled by larger potholes but you generally hear them more than you feel them. More positively, the meaty brake pedal gives a

progressive response that makes it much easier to bring the car to a smooth stop.

Meanwhile, the Gen-E's regenerative braking system activates more smoothly than in a Smart #1. You can use a drive mode menu to crank up the regen effect so the car stops when you lift off the brake, allowing for one-pedal driving - something you can't do in an e-2008 or Mokka Electric.

Interior

the driver's seat in the Ford Puma Gen-E is comfortable and comes with adjustable lumbar support. There's plenty of adjustment for the seat and





steering wheel, and some buyers will appreciate the slightly sportier driving position.

The Puma Gen-E's steeply angled front pillars can partially obscure your view at junctions and roundabouts, so it's harder to see out than in an EV3, with its larger side windows. However, every Gen-E gets a rear-view camera and rear parking sensors to help out.

The Gen-E's 12.8in infotainment touchscreen is easy to reach from the driving seat and most of the icons are big and easy to hit while driving. It's just a shame the sat-nav map takes a few seconds to load back up if you've

moved away from it.

All Gen-Es come with wireless phone-charging and wireless Android Auto and Apple CarPlay so you can run smartphone apps through the touchscreen. Going for either Premium trim or the Sound Edition adds a punchier 10-speaker B&O sound system, rather than the standard six-speaker system.

Passenger and boot space

Two six-footers will fit just fine in the front of the Ford Puma Gen-E, with plenty of head and leg room, and more elbow room than in an Alfa Romeo Junior Elettrica or Mini Aceman.

The Gen-E has a slightly higher floor than the regular Puma because of the battery underneath. Back-seat passengers will find their knees slightly raised and a bit less foot space under the front seats.

In terms of boot space the Gen-E is actually better than the petrol Puma. With the rear seats up and the height-adjustable boot floor removed



the all-electric version has 523 litres of storage against 456 in other versions.

Buying and owning

In entry-level Select trim, the Ford Puma Gen-E costs about the same as an entry-level Jeep Avenger Electric or Smart #1 but more than the Renault 4 (which gets a bigger battery).

With a maximum charging rate of 100kW, the Puma Gen-E officially takes 23 minutes to charge from 10-80% from a suitably powerful public EV charger. Most rivals, including the EV3, e-2008 and Mokka Electric, take around half an hour. It's also worth knowing that Ford includes a home EV charger and £217 of energy credit with all its electric cars as part of the Power Promise incentive scheme.



Making a will

All you need to know

MAKING a will is the only way to make sure your money, property, possessions and investments (known as your estate) go to the people and causes you care about.

This month we look at, among other things, how to update your will, and the consequences of not making a will.

How do I update my will?

You should review your will every 5 years or after a major change in your life – such as the birth of a new grandchild or moving house. But it's important you never make alterations to the original document. If you want to make a minor change to your will, you can add a supplement, known as a codicil. This must be signed and witnessed in the same way as the will – although the witnesses don't have

to be the same as the original ones.

If you want to make a major change, you should make a new will and cancel your old one.

Do I need to change my will if I get remarried or divorced?

If you marry, remarry or enter a civil partnership, this cancels a previously existing will. Divorce doesn't automatically invalidate a will made during the marriage – but it does exclude your ex-spouse or ex-civil partner from benefiting if they're mentioned.

You should arrange to make a new will if you marry, separate or divorce.

What happens if I don't make a will?

If you don't make a will, you're said to have died intestate – and your estate may not go to the people you want.

If you have a partner and you aren't married or in a civil partnership, they have no automatic right to

inherit from you if you haven't made a will – even if you've lived together for a long time or have children.

Intestacy rules state that:

If you're survived by a spouse or civil partner and children, your spouse or civil partner will inherit all your personal possessions and at least the first £322,000 of your estate, plus half of anything above this amount. Your children are then entitled to the other half of this balance.

If you're survived by a spouse or civil partner but don't have children, your spouse or civil partner will inherit your whole estate, including any personal possessions.

If you're survived by children but not a spouse or civil partner, your children will inherit everything, divided equally between them. If you don't have a spouse, civil partner or children, then other relatives inherit in a set order. If you have no surviving relatives who can inherit, your estate will pass to the Crown.



Lincoln

DRIVES & PATIOS

20%
OFF all new
Driveways & Patios



Domestic and Commercial
Projects Undertaken

- ✓ Driveways and Footpaths
Tarmac • Concrete • Gravel • Resin Bound
- ✓ Concrete Imprinted Driveways
- ✓ Block Paving
- ✓ Patios and Slab Laying
- ✓ Drainage Installation
- ✓ Retaining Walls and Stonework
- ✓ New Walls & Brickwork



6 Station Road
Torksey
Lincoln
LN12EQ

Call us today for advice and your FREE quote

Tel: 01522 899 647 / On Site: 07449 741 090

e: info@lincolndrivesandpatios.co.uk • www.lincolndrivesandpatios.co.uk



TIME TO RECLAIM YOUR LOFT SPACE

We are specialists in loft ladders and hatches for easy and safe access to your loft. We can provide boarding, lighting and insulation solutions. Call us now to find out how we can help you turn your lost space into a really useful loft space.



WHAT MAKES US DIFFERENT

- No waiting around. We arrive on time, every time
- Lifetime Guarantee
- Reliable, local company working in your home
- Extra confidence because we are accredited by Which? Trusted Traders
- Absolutely no mess and no fuss



Call Matt to book a FREE survey & quotation WWW.ACCESS4LOFTS.CO.UK

01522 284 402

PART TWO



Will a conservatory add value to your home?

HERE we look at how to maximise the monetary potential of a new conservatory - and how it could lose you money!

How can you maximise how much value a conservatory will add?

Integrating your conservatory into the house by knocking through the external wall will ensure your conservatory is an essential and desired element of your home, adding a more permanent space and increasing value.

If you decide you don't want an external door between the conservatory and your home, a full Building Regulation application is needed – the total building needs to comply.

You may need to upgrade the insulation in the rest of the home to offset the heat loss through the conservatory, so the new home and structure are no worse from a heat loss point of view than the existing property. An SAP calculation is usually undertaken by a specialist surveyor.

Ideally, the new conservatory design would be considered as part of the entire house, rather than a bolt-on addition at the back, to maximise value added.

To increase the possibility of your conservatory adding value to the home, it should take into consideration function, flow and beauty.

The new addition should be well-suited to the needs of the homeowners, built for longevity with high-quality materials and craftsmanship, and should integrate well in size and design with the existing property.

Can conservatories devalue a house?

Unfortunately, yes. A poorly-maintained plastic frame with a polycarbonate roof and single-glazed windows can often indicate a lack of attention that might implicate other parts of the house upkeep.

When viewing houses, some don't count the conservatory floor space as 'extra square footage' - they see them as something to drain costs to get it into a good condition. That being said, when done properly, they can be the final gem that sells the house.

Is a conservatory a good investment?

A conservatory is a great investment if you either spend on a high quality structure or plan to be in your home for the cheaper conservatory's lifespan (approximately 20-30 years for a uPVC model).

The additional space, light and garden views might transform the way in which you live in your house, but perhaps don't expect buyers to feel the same way. If you're not willing to invest in higher-quality materials, then the investment towards a conservatory might not justify itself.



Find us on:



HOME IMPROVEMENTS



LINCOLN CITY ROOFING

NEW ROOFS | FLAT ROOFS | REPAIRS | ROOFLINE

Lincoln City Roofing are a family run team of time-served roofers with years of experience, providing reliable roofing services.

Fully insured and working to the highest standards, our roofers install new roofs and re-roofs backed by our company guarantee.

NEW ROOF INSTALLATIONS

FLAT ROOFING

ROOF & CHIMNEY REPAIRS

ROOFLINE AND DRY FIX

CONSERVATORY ROOFING

If your conservatory is **too COLD** in the winter and **too HOT** in the summer, why not let us replace your inefficient roof with our **tiled conservatory roofing system**, which is fully ventilated and therefore 100% condensation free!

☎ 01522 243 519 📞 07472 322 920

✉ enquiry@lincolncityroofing.co.uk

🌐 www.lincolncityroofing.co.uk

Station Yard, Sleaford Rd, Dunston, Lincoln LN4 2HA



Kobi Construction

Construction, Groundworks & Landscaping



ABOUT US

Kobi Construction is a friendly family run construction and landscaping company based in Retford, North Nottinghamshire. We offer a wide range of services from ground works and landscaping to full construction packages. We offer free quotations and advice and base our emphasis on delivering cost engineered, high quality products to suit your needs. With over 25 years of experience, Kobi Construction takes pride in every aspect of our work.

INDUSTRY APPROVED CSCS QUALIFIED STAFF

OUR SERVICES

- ✓ Patios
- ✓ Drainage
- ✓ Driveways
- ✓ Extensions
- ✓ Landscaping
- ✓ Retaining Walls
- ✓ Lawns & Artificial Grass
- ✓ Timber Structures
- ✓ Fencing
- ✓ Ponds & Water Features
- ✓ Stables & Sheds
- ✓ Sleeper Beds
- ✓ Water Pipes
- ✓ And much more ...

Nottinghamshire
Lincolnshire
Yorkshire

www.kobiconstruction.com

CONTACT US
OFFICE: 07949 440199
MOB: 07817 414476

kobiconstruction@outlook.com



O C P

PLUMBING AND HEATING

IS YOUR BOILER READY FOR WINTER?

Don't get caught out by the cold!

- ✓ Boiler Servicing & Repairs
- ✓ Emergency Plumbing Callouts
- ✓ Frozen Pipe Protection
- ✓ New Heating Installations



Call OCP Plumbing and Heating:

07949 812 747

Facebook: OCP Plumbing and Heating

Instagram: ocpplumbingandheating



AUTO ELITE DETAILING

PROTECT | CORRECT | ENHANCE | RESTORE

SERVICES:

- New Car Protection Detail ● Enhancement Detail
- Minor Paint Correction ● Major Paint Correction
- Underbody Restoration & Protection
- Paint Protection Film PPF ● Caliper Painting
- Soft Top Roof Cleaning & Sealing



By Appointment Only: Unit 6 Chestnut Farm, Old Wood North, Skellingthorpe LN6 5UA
www.autoelitedetailing.co.uk ● Email: info@autoelitedetailing.co.uk ● Phone: 07793 775 793



J & L Kitchen Installations

Design - Supply - Install

- | | |
|----------------|----------------|
| ■ Installation | ■ Plastering |
| ■ Plumbing | ■ Tiling |
| ■ Electrics | ■ Supply & Fit |

Your dreams made with our expertise



Freephone: 0800 5118494

Mobile: 07825 408291

HYKEHAM

HEATING
CONTRACTORS



- ◆ Full Central Heating System
- ◆ Boiler Service & Repair
- ◆ Boiler Installations
- ◆ Equipment Connections
- ◆ Gas Pipe Work
- ◆ Bathroom & Kitchen Remodeling
- ◆ Home Additions
- ◆ Landlord Certificates & Maintenance

Freephone: 0800 5118494

Mobile: 07825 408291

25 Mitchell Drive, Lincoln, LN1 1WD.

E: hykehamplumbing@virginmedia.com
www.hykehamplumbandheat.co.uk



**This space could be yours
for as little as...**

£22.00 Per Month
NO VAT

Lincoln's BIGGEST monthly title.

Get involved - Get included!

Call us on: 07856 376 061

Inside Lincs



Magazine

www.insidelincs.co.uk

Paying too much for your Leaflets/Flyers?

We can reproduce **YOUR** leaflet/flyer **ON A PREMIUM PAGE** in **BOTH** our magazines, as a **FULL** page advert, printed - and delivered to **18,000** Homes **EVERY MONTH** for as little as **£195pm (NO VAT)**

(Subject to a minimum 6 month booking - T&Cs Apply)

You can't print them for that!

Price includes:
design, print, premium page & distribution to **18,000** Homes & Businesses.

CALL US NOW TO BOOK YOUR SPACE IN NEXT MONTHS ISSUE
ON: 07856 376 061.

N.L.F.

BUILDING SERVICES LTD



Driveways - Patios
Block Paving Specialist
Brickwork - Sunrooms
Fencing
Artificial Turf Laying

30 YEARS EXPERIENCE
5 YEAR GUARANTEE,
portfolio of work and references.

Discounts for senior citizens



01522 685 935 Mob 07970 489 809



www.nlfbuildingservices.co.uk



THE SMALL JOBS COMPANY

NO JOB TOO SMALL

- PLUMBING
- DECKING
- MADE TO MEASURE BLINDS
- BATHROOMS
- KITCHENS
- OUTSIDE BUILDINGS
- CCTV / HOME SECURITY
- SMALL ELECTRICAL WORK
- FURNITURE BUILDING
- GARAGE CONVERSIONS
- WOOD WORK / JOINERY
- FLOORING
- TILING
- EMERGENCY CALL OUTS



FREE NO OBLIGATION QUOTES

Please telephone
Mike on
07432 870012
or Paul on
07494 532695



Find us on Facebook

www.smalljobscompany.co.uk

ODD JOBS • GOOD JOBS • ALL JOBS • SMALL JOBS

GGS

Gumsley Gas Services



Friendly and local domestic
plumbing and heating engineer

Tel: 07986 969754

- Boiler service and repair
- Boiler installation and system upgrades
- 10% off for OAP / Blue light card
- Smart thermostat installation
- General plumbing works
- Gas safety certificates

Email: ggs.jared@gmail.com

Reference Inside Lincs for a discount

***"Inside Lincs magazines"...* Two premium MONTHLY Publications - without the premium price!**

A quarter page advert in **two** quality, full colour glossy magazines for just £79pm (NO VAT).... that's just £39.50pm - per Magazine going out to **18,000** homes and businesses **EVERY MONTH.**
(Easy payment terms - T&Cs apply)

Many of the businesses in our magazines have been with us from day one - 15 years... it works for them - it could be working for your business



Our advertising packages also includes free social media coverage on all our social media sites with over **10,000 followers.**

Packages & Payment Plans To Suit All Budgets - **Get involved...Get included**

For more info, Call us on: **07856 376 061** - OR Email: nigel@insidelincs.co.uk

WE WILL BEAT ANY LIKE FOR LIKE ADVERTISING QUOTE

Available to view online **EVERY MONTH** @ www.insidelincs.co.uk

NETTLEHAM BLOCKPAVING & FENCING

- Block Paving
- ✓ Driveways
- ✓ Patios
- ✓ Footways
- All Types of Fencing
- Shallow Drainage
- Kerb & Concrete Edgings
- Gravel Drives
- Hard Landscaping



Call Alan Ward For a **FREE** Estimate

Tel: 01522 807665

Mob: 07733 366509

Inside Lincs Magazine

**Joiner? Bricky? Plumber?
Sparky? Plasterer?
Decorator? Gardener?
Tree surgeon?**

To see **YOUR** business in
this section from as little as
£22 PM (NO VAT):

Just call Nigel or Sherri on:
07856 376 061 - or email:
nigel@insidelincs.co.uk
www.insidelincs.co.uk

Save Money With Cloudy2Clear. Your Local Glazing Experts!

Finance
Options
Available

As the foremost domestic glass replacement company in the UK for more than 20 years, Cloudy2Clear Windows are the leading name in the industry. There is now no need for you to risk your windows by using the dreaded double glazing cowboy down the street. You can join over 344,000 happy customers and replace your glass ethically and affordably. If you have a failed glass unit it may not provide you with the protection you need, or be as energy-efficient as it once was. Why not take a minute to check your home to see if any double glazing has failed? Taking action now can prevent future financial problems.

When talking to the Manager of Cloudy2Clear Richard Burke it became evident that the value of saving their customers money

has been held dear for a number of years. In addition since starting the business in 2005, Cloudy2Clear have committed to supporting the local community by providing a service that saves the public both time and money.

The Cloudy2Clear service only requires the glass to be replaced and not the whole window once the unit has failed. Richard commented "By doing this we make the customer considerable savings and there is much less upheaval in the family home. Also, whether communities find themselves in a financial crisis or not, saving money when you don't need to waste it is always the sensible option, and our service does just that".

For a free quotation please call 0800 61 21 118 or visit www.cloudy2clear.co.uk.

“
Ask me about our
fantastic Energy
Saving Glass.
”



Have Your Windows Steamed Up?

Finance
Options
Available

Replace just the failed glass unit!

All glazing backed by our

**25
YEAR
GUARANTEE**

Looking to upgrade your existing
windows and doors? UPVC,
composite or aluminium.

Contact us NOW!



Checka
trade



Get a FREE Quote

**Specialists in timber frames &
Amdega conservatory restoration**

Faulty locks, handles or hinges?

**cloudy2CLEAR
WINDOWS**

Glass, it's better when it's clear!

Priority freephone
0800 61 21 118

www.cloudy2clear.co.uk

Glass, it's better when it's clear!



D.W Plastering

All aspects of plastering **COVERED**
Domestic & Commercial.

FREE

Quotes & Advice

Tel: 01522 279687

Mob: 07947 366848

www.dwplasteringlincoln.com



ROGER FLETCHER

Interior & Exterior
Painter & Decorator.
Over 30 years experience.

55 Park Lane,
Washingborough, Lincoln.

Tel: 07801 546806
or 01522 791870

This space could be yours
for as little as...

£22.00 Per Month
NO VAT

Lincoln's **BIGGEST** monthly title.
Get involved - Get included!
Call us on: 07856 376 061

BRISTOW HEATING

Boiler Service | Repair
Central Heating | Gas Appliances

Paul Bristow

07951 495538
info@bristow-heating.com

FREE Quotations



HOLDEN

ELECTRICAL SERVICES

- Local friendly service
- All electrical work undertaken
- 20 years experience
- Advice, design and quotes offered
- Fully insured

Mobile: 07795 123057
Telephone: 01522 828493

Email: peteholden1979@gmail.com



ELEC SA
59341 APPROVED



Your conservatory...
Is it too cold in winter?
And too hot in summer?



**We will beat
ANY genuine
quote!**

Conservatoryroofs365 have the solution!

Use your conservatory all year round...

Our internal roofing insulation system is also available
leaving your existing roof in place.

Call **Conservatoryroofs365** for your **FREE** quotation and
look forward to using your conservatory all year round!

Call: 01522 753693
or: 07887 501115

www.conservatoryroofs.net



Bradley Security Locksmith Services



- No call out charge.
- Free Estimates
- Replace / repairs to locks.
- Upvc door lock repairs and door adjustment.
- High security locks supplied and fitted.
- 24 Hour call out service.

Just moved home?
Change your locks to be the only one
to have keys to your property.

Ian Bradley

Call: 07599 642 944 • 01522 422 058

Email: bradleysecurity@hotmail.co.uk



Tim Tech DOMESTIC APPLIANCE REPAIR SERVICES

Our Services:

- ✓ WASHING MACHINE REPAIR
- ✓ TUMBLE DRYER REPAIR
- ✓ DISHWASHER REPAIR
- ✓ OVEN & HOB REPAIR
- ✓ MICROWAVE OVEN REPAIR
- ✓ FRIDGE & FREEZER REPAIR



SPECIALIST IN MICROWAVE OVEN,
RANGE COOKER & AMERICAN FRIDGE FREEZER
ALL REPAIR CARRIED OUT BY FULLY QUALIFIED LOCAL ENGINEER

Check out our five star review on
Google & Check a trade



Mobile
Call Alan on
074 28 99 55 55



Email
[info@timtech-
appliance.co.uk](mailto:info@timtech-appliance.co.uk)



Website
[www.timtech-
appliance.co.uk](http://www.timtech-
appliance.co.uk)

DPP PLUMBING SERVICES

*Family run business, no job
too small, call us for:*

- Tap repairs and replacement
- Leaks, Bathroom refits
- Drainage Problems
- Soil stack replacement
- Specialist in power flushing

**Outside taps and
many more jobs**

Contact us

Mob: 07748 122137

Email: dppplumbing@hotmail.com



Antony Dobson Joinery & Building.

- ✓ EXTENSIONS & ALTERATIONS
- ✓ FITTED KITCHENS
- ✓ INTERNAL DOORS
- ✓ PATIOS
- ✓ DRIVEWAYS
- ✓ UPVC DOORS & WINDOWS
- ✓ SKIRTING AND ARCHITRAVE

CALL FOR A FREE QUOTE ON:

07867 531 829

BUILDSCAPE OF LINCOLN Building & Landscaping Services

- Extensions/New builds • Fencing & Turfing
- Alterations/Renovation's • Garden Renovation's
- Plaster boarding/Patching • Tiling • Hedge Removal
- Decking/Garden Building Bases • Aspects Of Joinery
- All Aspects of Paving Patio's & Driveways
- Groundworks/Drainage • Clearance Work

**PLEASE CALL GARY ON:
07891 972 045**



FROM A HOME TO A GARDEN - WE CAN COVER ALL YOUR NEEDS

BRISTOW ELECTRICAL

Paul Bristow

07951495538
info@bristowelectrical.com

All aspects of
domestic work
undertaken, rewires,
inspection and testing.

**Free
Quotations**



rosebery accountancy

**Friendly reliable service, initial free
no obligation consultation.**

• Services offered:

- Bookkeeping
- CIS Scheme
- Vat Returns
- Limited Company Accounts
- Sole Trader Accounts and Tax Returns
- Business Start Up and Company Formation



aat

Offices in Lincoln and Newark
and covering surrounding areas.

Tel: 07508 192 454

Email: info@rosebery-accountancy.co.uk
www.roseberyaccountancy.co.uk



Transform Your Kitchen

for a fraction of the cost!

Find out how we can transform your kitchen
with less hassle, in less time and at a lower cost.



ALL POPULAR STYLES AND COLOURS AVAILABLE

Get in touch today for a FREE quote

01522 458 141

(please dial the full number including the area code)

www.kitchenmakeovers.co.uk

Quality Garage Door Installation



BD LINCOLN

VISIT OUR NEW SHOWROOM

Fitting garage doors in Lincoln for over 12 years

Call: 01522 702429 • 07779 793564

Email: info@bdlincoln.co.uk

Unit 2, Stirlin Court, Saxilby Enterprise Park,
Skellingthorpe Road, Lincoln LN1 2LR

James Ellison



PAINTER & DECORATOR
Clean, Quality, Reliable Service!

Call James on:

01522 255 464
07771 521 249

☒ Fully Insured
☒ No Job Too Small

John Foster
Plumbing & Heating Ltd

FREE ESTIMATES * NO CALL OUT FEES * ALL WORK GUARENTEED
LINCOLNS LOCAL PLUMBERS & GAS SAFE ENGINEERS



- All Aspects of Plumbing & Heating
- All Gas Work *Installation * Servicing * Breakdowns * Landlords
- Boiler Installations, Boiler Repairs, Power Flushing
- Central Heating Fault Finding and Heating Filters
- Full Bathrooms, Wall & Floor Tiling
- Baths to low Level Showers trays for easier access
- Cylinders, Showers, Taps



549837

01522 870653
07902969029

Johnfoster-plumbing@hotmail.co.uk

DOMESTIC • COMMERCIAL • INDUSTRIAL



PROPERTY SERVICES & MAINTENANCE
THE ONLY NUMBER YOU WILL EVER NEED
Established over 30 years

- Garage Conversions
- UPVC Windows, Doors,
- Fascias & Soffits
- Kitchens, Bathrooms & Wet Rooms
- Joinery
- Ceramic Tiling
- Plumbing
- Electrical
- Guttering
- Drainage
- Fencing
- Disabled Needs - Steps, Ramps, Handrails

 **Preferred Trader**

For Your **FREE** Quotation & Advice,
Please Call **John Morris**
01522 853192 / 07976 283852
John.morris.property@ntlworld.com

Holmes & Fields
Painting & Decorating Services

A. Fields
16 Water Hill, Fiskerton, Lincoln LN3 4GE

Telephone: 01522 595128
Mobile: 07900 408125
E: holmesandfields@gmail.com



WINDOWORX
Remedial to all Windows and Doors

WE REPLACE : Cloudy, Misty Windows and Steamed Up Double Glazed Units.
WE DO : Double Glazing Repairs for all UPVC Windows & Doors.
WE FIX : Faulty Window & Door Locks & Handles.

TEL: 01522 820773
Mob: 07958 003352
Email: kevgregory96@gmail.com
www.windoworxlincoln.co.uk





Domestic & Commercial

Over 30 Years Experience
British Gas Approved Contractor

All aspects of plumbing and heating work including:



- Boiler Replacements
- Heating Installation
- Gas Work
- Boiler Service & Repairs
- Landlord Certificates
- Power Flushing
- Bathrooms
- General Plumbing & Plumbing Repairs



Call Ian for a FREE no obligation quote

On: 07968 259388 / 01522 801730



P_T

DISTRIBUTION

Magazine and Leaflet Distribution

Our dedicated team covers over 25,000 homes in the Lincoln area every month

For all you leaflet distribution needs and for a service you can trust.

We never ask for money up front, only after your job is completed.

Whatever your business, we can get your promotions/offers etc into every household in your required area, let us distribute your next campaign and get you results.



Call Paul For a Free Quote on 07913 605127

Email: paul@ptdistribution.co.uk
www.ptdistribution.co.uk



Kingston Roofline is a local family run business with over 25 years experience in the roofing industry



- Roof Repairs
- New Roofs
- Pitched Roofing
- Fibreglass Roofing
- Fascias/Soffits
- Guttering
- Rubber Roofs
- Flat Roofing
- Dry Ridge
- Dry Verge

1 MILLION POUND LIABILITY INSURANCE



- ✓ **10 YEAR GUARANTEE**
- ✓ **NO DEPOSIT REQUIRED**
- ✓ **PAYMENT ON COMPLETION**

Tel: **01522 717551**
Mob: **07486 929377**
Email: info@kingstonroofline.co.uk
Web: www.kingstonroofline.co.uk

Checkatrade.com
Where reputation matters

Google Find us on

SCAN FOR MORE INFORMATION



FLAT ROOFING SOLUTIONS



WE OFFER:

- ▶ A 25 Year Guarantee
- ▶ Commercial or Residential
- ▶ New Roof or Re-board
- ▶ UPVC Fascia & Guttering
- ▶ High Quality
- ▶ Friendly & Professional
- ▶ Competitive Prices



We are a family business with over 40 years combined experience in Fibreglass manufacturing & pride ourselves on providing a friendly, reliable & professional service to all our customers



Call **TODAY** on:

01522 500711 or 07828 296 829

E: candcfibreglass@outlook.com or visit us at: www.candcfibreglass.co.uk

Have your kitchen doors, drawers and furniture sprayed in any colour, using kitchen grade durable lacquer for a new look

Go to our website - click on View Our Prices for an idea of cost or give us a call



GIVE YOUR EXISTING KITCHEN A NEW LEASE OF LIFE...

A NEW LOOK KITCHEN AT A FRACTION OF THE COST



Gallant Restorations

Contact us on **01427 668080** | **07971 422159**

paula@restorers.org.uk | **www.restorers.org.uk**

10E Gibson Road, Hemswell Cliff, Lincolnshire DN21 5TL

Design Supply Install

- Walk in showers
- Walk in baths
- Wetrooms
- Fitted bedrooms
- Fitted offices
- Fitted kitchens

To suit all budgets!

NO VAT
on bathrooms for
clients with
a disability

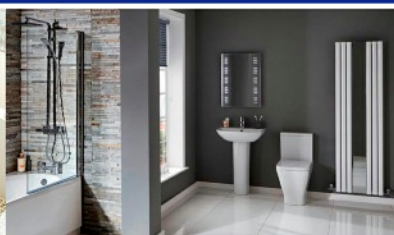
FREE planning & design service!



We use Samsung integrated appliances!



Style Bathroom and Kitchen Specialists



Visit our showroom today:
173A Burton Road
LN1 3LW

T: 01522 527904

bathrooms-by-style.co.uk

stylebathroomslincoln@gmail.com

Open: Mon - Fri: 9am- 5pm Sat: 10am- 4pm

Garry Foulston

Home Improvements



Resin Garage floors with choice of colours - Resin block paved Driveways and footpaths, Porcelain patios.

Call 01522 432744 • M: 07557 343513

E: garryfoulston@btinternet.com

Choice of Colours

L M Glass & Glazing Services



- Repair faulty handles, hinges and locks
- Replace broken/misted sealed units
- Upgrade existing sealed units
- Fascia & guttering
- Adjust doors



Fast and friendly service
No call-out charges
Free quotations
25 years industry experience



Call Lee on 07947 303947

Email: lmglassandglazing@yahoo.com

Superior Garage Doors

SGD
of Lincoln

Specialist Suppliers & Installers of Garage Doors

Tel 01522 851839

Mob 07813 525962

- Up & Over Doors
- Roller Doors
- Sectional Doors
- Side - Hinged Doors
- Automated Doors
- PVC Pedestrian Doors



Call us today for a
FREE
no obligation quote



Garage Door Repairs
From..

£55 + Vat



Tel: 01522 851839

Web: www.superiorgaragedoors.co.uk

E-mail: superiorgaragedoors42@gmail.com

Mob: 07813 525962





"Hi my names John and I Love my Job. This is a family run business and i have been doing exterior cleaning for over 15 years. Customer satisfaction is very important to me hence my 5Star Google Reviews. Along with that I have a YouTube channel showcasing my work giving you even greater confidence in our quality of work. Just search the Business name to watch my channel."

**ROOF
CLEANING**
FROM
£550

**PRESSURE
WASHING**
FROM
£150

FRIENDLY & PROFESSIONAL SERVICE

- Roof Cleaning - Moss Removal
- Pressure Washing Drives/Patios
- Solar Panel Cleaning
- Gutter/Fascia Cleaning
- Gutter Clearing
- Conservatory Cleaning

Find us on

FOLLOW US ON
Instagram



jpexteriorcleaning.com

Call: 07751 686740

What is Karate?

KARATE is one of the World's most popular martial arts. Modern day Karate was developed in Okinawa, a small Island off Japan. Karate is a highly effective system of self-defence, and also an excellent form of exercise that promotes a number of life skills and values.

Karate practise is generally divided up into three components: Kihon (basics), Kata (forms) and Kumite (sparring).

Kihon (basics) covers various strikes, blocks, kicks, stances and movements one might need to use in self-defence. Students practise these in lines each class so that the techniques are refined and become instinctive. Kihon, or basic practise, allows students to develop an understanding of their body and how it can be used as most effectively as a weapon, for example, how to generate maximum power with minimum effort.

Kata (forms) is often referred to as the 'art form' of karate. Each kata (form) is a traditional predetermined pattern of movements that promotes a number of self-defence principles. Kata practise also develops coordination, balance, agility, strength and speed.

Kumite (sparring) is where techniques and principles learnt in Kihon (basics) and Kata (forms) are applied against an opponent. Kumite can vary greatly, depending on the student's level of experience. For example, beginners only practise pre-arranged kumite. This is where both the attacker and defender know exactly which techniques will be used and when. They do this in a slow and controlled environment.

As students develop in ability and confidence, they may choose to move onto free kumite. This is where students wear protective equipment and spar in an environment where techniques are exchanged freely.

Karate has a coloured belt (or ranking) system

allowing students to set goals and measure their progress. As they progress and develop in both physical and technical ability, each component becomes more advanced, giving them a new challenge and skill to develop take on. As the student approaches their black belt, their technique, speed, coordination and stamina all become natural as a result of

strong practice. It is at this stage that the serious student discovers that his or her study of karate has only just begun. The object of true karate practice is the perfection of oneself through the perfection of the art.

Karate as a form of self defence

As a self-defence system, karate does not so much teach a set of standard responses to a set of limited scenarios, but rather it teaches a set of principles that can be applied to any situation. Unlike many martial arts, the size and strength of a karate practitioner is unimportant as students are taught to use their entire body when delivering strikes. Furthermore, students are trained to deliver sharp blows with various weapons of the body towards pressure-sensitive areas of an opponent.

While karate teaches a person combat skills, karate does not promote aggression. Instead it promotes awareness to avoid conflict. Combat should only be used as a last resort.

Health benefits Of Karate

As a health and fitness activity, karate tones and shapes the body, increases aerobic stamina, improves muscular strength and flexibility, enhances balance, agility and co-ordination and quickens the reflexes.

Karate also improves our mental health. As it challenges the brain, it improves focus and concentration. It also develops a person's composure and provides a deeper insight into one's mental capabilities.

One of the advantages of karate is that students may train at their own pace so even those who have not exercised in some time can start learning and gaining from the benefits of karate.



CLASSIFIEDS

Steve Buckle

WINDOW REPAIRS

FROM A PANE OF GLASS TO A FULL HOUSE OF WINDOWS

Broken and misted double glazed unit
replacement Window and door locks replaced
Door locks upgraded to high security
snap-safe cylinders



No call out fee • Best prices in town
Over 30 years experience



07976 561291 / 01522 415961

MACHON DECORATORS

For all your
decorating needs



Over 30 Years
of Experience



Tel: 01522 688564 / 07904 642101

E: rossmachon@live.co.uk

www.machondecorators.co.uk

Fur2Feathers

Tel: 07498 325 060

E: fur2feathers@outlook.com

Dog Walker / pet companion.

Why not give me a call to see the full services that we
provide for your loving pet.

Amanda Wilkinson

Qualifications in dog walking
Animal behaviour & wellbeing.



JB CABS

AIRPORTS, SEAPORTS



long distance specialists

very competitive prices
book via phone or email

01522 826690

jbcabslincoln@live.co.uk
jbcabslincoln.com

8 SEATER NOW AVAILABLE



Cobb & Co Accountants Ltd.

Professional Accountancy Services

Sole Trader Partnership & Limited Company. Accounts. Tax Advice,
Tax Returns, Capital Gains Tax, Payroll, VAT & Book Keeping.

Friendly and reliable service, initial free consultation with no obligation

Michael Cobb FMAAT

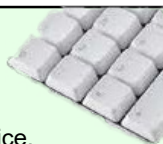
30, Sleaford Road, Bracebridge Heath,
Lincoln LN4 2ND

E: mike@cobbandcoaccountants.co.uk
www.cobbandcoaccountants.co.uk

Tel: 01522 823746

Mob: 07703 595274

Fax: 01522 823943





THIS MONTH...

...in 1940: Luftwaffe blitzes Coventry

There were 17 small raids on Coventry by the Luftwaffe during the Battle of Britain between August and October 1940 during which around 198 tons of bombs fell.

The raid that began on the evening of November 14, 1940, however, was the most severe to hit Coventry during the war. It was carried out by 515 German bombers, of Luftflotte 3 shuttling to the target from their bases in northern France. The attack, code-named Unternehmen Mondscheinsonate (Operation Moonlight Sonata), was intended to destroy Coventry's factories and industrial infrastructure, although it was clear that damage to the rest of the city, including monuments and residential areas, would be considerable.

The first wave of follow-up bombers dropped high explosive bombs, knocking out the water supply, electricity network, telephones and gas mains and

cratering the roads, making it difficult for the fire engines to reach fires started by the later waves of bombers.

At around 20:00 Coventry Cathedral was set on fire by incendiaries for the first time. In one night, more than 4,300 homes in Coventry were destroyed, and around two-thirds of the city's buildings were damaged. Most of the city centre was destroyed. An estimated 568 people were killed in the raid, with another 863 badly injured. Given the intensity of the raid, casualties were limited by the fact that a large number of Coventrians 'trekked' out of the city at night to sleep in nearby towns or villages following the earlier air raids.

The raid reached such a new and severe level of destruction that Joseph Goebbels later used the term 'Coventriert' ('Coventried') when describing similar levels of destruction of other enemy towns.

...in 1979: Anthony Blunt outed as a spy

Anthony Blunt was a professor of art history at the University of London and Surveyor of the Queen's Pictures. He was also the "fourth man" of the Cambridge Five, a group of Cambridge-educated spies who worked for the Soviets between the 1930s and the 1950s.

In May 1940, Blunt was part of the Dunkirk evacuation. During that same year he was recruited to MI5.

In MI5, Blunt began passing the results of Ultra intelligence (from decrypted Enigma intercepts of Wehrmacht radio traffic on the Eastern Front) to the Soviets. After the War, he was accused of betraying Operation Market Garden to benefit both the Nazis and the Russians. The aim of the Soviets, and therefore of Blunt, would have been to prevent Allied forces from

arriving in Berlin before the Russians.

On November 15 1979, Margaret Thatcher revealed Blunt's wartime role to the House of Commons in reply to questions put to her by Ted Leadbitter, MP for Hartlepool, and Dennis Skinner, MP for Bolsover.



The Queen stripped Blunt of his knighthood. Blunt later quoted the E. M. Forster adage, "if asked to choose between betraying his friend and betraying his country, he hoped he would have the guts to betray his country."

In 2002 the novelist Julian Barnes asserted that "Blunt exploited, deceived, and lied to far more friends than he was loyal to ... if you betray your country, you by definition betray all your friends in that country".

Your Horoscopes



Aries (March 21 - April 19)

There may be someone close to you who will try to betray you. Since you will act more intuitively than usual during this period, you will recognise who is your faithful friend and who's just playing with you. However, you can use this month to read and study, as learning will go smoothly.



Taurus (April 20 - May 20)

This period will bring Taurus a lot of motivation to change their lives. You will place the greatest emphasis on your health, as you will also face mild health problems during this period. So try to change your diet so that you feel healthy and full of energy.



Gemini (May 21 - June 20)

Gemini can look forward to many social events. Due to the pleasant demeanour that you will definitely not lack, you will start friendships with new, very interesting people, with whom a common professional future can even emerge.



Cancer (June 21 - July 22)

Your motivation and determination will be high during this period, so don't be afraid to embark on something you've been putting off for a long time. You will manage twice as much as normal, and you will not even feel tired. But beware of sleep deficiency!



Leo (July 23 - August 22)

This period will bring Leo a depressing mood. You will get tired and feel like closing up. At the same time, you should protect yourself during this bleak period and warmly dress so that you are not stricken by some illness, which you will be more prone to this month.



Virgo (August 23 - September 22)

During this period, you will be very honest, which is a big plus, and in addition, you will be able to find a way to express your opinion so as not to offend anyone. This will also be appreciated by your colleagues and superiors at work, and thanks to that you will achieve big success.



Libra (September 23 - October 22)

Libras will be affected the most by Mercury so that they will feel completely calm and peaceful. You will be able to settle conflicts easily, and everyone included be extremely grateful. Thanks to that, your authority will be stronger, and they will consider you to be the mentor who can always advise them.



Scorpio (October 23 - November 21)

Your memory will be very good, so you can merge it into studies of something quite challenging as now is a time when you have the ability to absorb a lot of information. You will have tendencies to overeat this month, but you should hold yourself back a bit.



Sagittarius (November 22 - December 21)

Sagittarians might feel some tiredness that might affect their mood and mental state as well. Understanding is what you need the most this month; you can search for it in your family. You will also need to get some rest, do not push yourself to do anything you do not feel like doing.



Capricorn (December 22 - January 19)

This period will bring you a lot of energy which you can use for doing sport, the only thing you will need is motivation, but you will have enough of it this month. The positions of planets are calling for you to stop overthinking and do what you feel like doing at a given moment.



Aquarius (January 20 - February 18)

Aquarians will not stop their thinking process for a moment. You will start thinking about your life, but will get into a bubble of overthinking that will be hard for you to get out of there. Do not let yourself be down because of these states. Try to distract yourself and pay attention to something else.



Pisces (February 19 - March 20)

You will be closer to your family at this time. However, don't forget about the relatives outside of your intimate family circle as you haven't seen them in a long time. You will be in an ideal mood to rebuild relationships, and you would all love to remember the old days.



HCWPLASTERING

HCWPLASTERING

HCW PLASTERING SERVICES

LOCAL PLASTERER GET IN TOUCH FOR A QUOTE!

CONTACT:

EMAIL: HCWPLASTERINGSERVICES@OUTLOOK.COM

PHONE: 07356 041215

LOCATIONS:

• LINCOLNSHIRE • NOTTINGHAMSHIRE • YORKSHIRE

HEARING BETTER IS EASY

Free Hearing Tests - Competitive Prices

Why Choose Claire...

- Over 35 years experience
- Independent & impartial advice
- The latest hearing aids
- Exceptional aftercare
- 60 day trial on all hearing aids
- No GP referral required
- Home visits are available



Claire Armitage
SRCP RHAD MSHAA

Both daytime and evening appointments are available at the Lincoln Private Hospital.

To book an appointment with Claire, your local independent hearing aid consultant, please call on

01522 567 081 or 07947 637 474

EASY FREE PARKING

Claire Armitage, The Lincoln (Private) Hospital,
Nettleham Road, Lincoln LN2 1QU

www.clairearmitage.co.uk

Email: clairearmitage.rhad@btinternet.com



www.redroofclinic.co.uk

01522 722 595

info@redroofclinic.co.uk

**HCPC Registered Podiatrist Rachel Faith
has joined the clinic and will be
available on Saturdays**

**Routine foot care and all issues relating to the
lower limb**

Ingrowing toenails - you may need a section removed to reduce irritation. They can be permanently removed under local anaesthetic and if they are painful.

Verrucae - If you have annoying verrucae and require treatment, Falknors Needling is an advance treatment to help your body fight the virus to get rid of them.

Foot pain - Foot or Ankle Pain is not normal, let us help get you back to normal.



Bar Lane, Waddington, LN5 9SA. P

Movie poster quiz

- | | |
|-----------------------------|---|
| 1. Alien | 8. The Godfather |
| 2. Saturday Night Fever | 9. The Greatest Showman |
| 3. The Truman Show | 10. Pulp Fiction |
| 4. Barbie | 11. Lock, Stock and Two Smoking Barrels |
| 5. Die Hard | 12. The Big Lebowski |
| 6. The Silence Of The Lambs | |
| 7. Platoon | |

**ADVERTISE
HERE (£22.00 PM
NO VAT)**

**If You're reading this, so are
your potential customers !
CALL 01522 394438 TO BOOK TODAY**

A photograph of a modern garden. In the foreground, there is a dining table with four chairs, each with a blue and white patterned cushion. The table is set with a blue vase and some greenery. In the background, there is a blue wall with a built-in fireplace that has a fire burning. To the right of the fireplace, there is a small shelf with a blue figurine. The garden is surrounded by various plants and trees.

**PART
TWO**

Garden landscaping ideas

HERE are a few more garden landscaping ideas to help give your garden a new look.

We've rounded up our favourite garden landscaping ideas to help you get started.

Mix up your planting heights

If you're looking for small garden ideas, strategically planting at different heights can make the most of the space.

More and more, we are seeing smaller garden spaces take the forefront in new garden design. The urban courtyard theme is one of the big ones - this includes vertical planting, and a lot of containers. A living wall can add interest and greenery to a smaller garden, as can tiered planters.

Incorporate in-built seating

You really need to consider your (and your guests') needs when landscaping your garden, and think about which garden seating ideas will serve you the best.

If you love to entertain, then make sure you build in seating to your walls or raised beds. It's cheaper than doing it later on, and you won't have to worry about choosing outdoor furniture.

If you're short on space, create versions which have integrated, waterproof storage to tuck away your outdoor cushions and seat pads.

Favour environmental choices

If you're concerned about the environmental impact of your garden, you can create an oasis that can benefit the planet which still bursts with texture and visual interest. Use a rich palette of drought-tolerant planting including native seaside plants, grasses and Mediterranean shrubs surrounded by a stone mulch in different sizes and set amongst paving of locally reclaimed York Stone.

Try plants like *Verbena bonariensis*, *Eryngium*, *Euphorbia*, *lavender*, *Achillea* and *Ballota*.

Go large to make a statement

Use oversized containers filled with a glorious mix of trees, shrubs and perennials to create an impressive oasis. Include multi-stem birch trees underplanted with evergreen ferns and spring-flowering crocus. Beech balls with *Erigeron*

daisies and *Muehlenbeckia* and shrubs and perennials including *Syringa microphylla* 'Red Pixie'.

Pave the way

No list of garden landscaping ideas would be complete without a few garden path ideas, and the options are endless - not to mention convenient, if you want to avoid treading an unsightly channel into your lawn.

Whether you go for an affordable gravel path or a cheap DIY one, or splash out on a paved path that matches the rest of your hard landscaping, a dedicated walkway is a great way to zone and protect the rest of your garden from foot traffic.



LISTERS

LOGS



MAXI BAGS OF HARDWOOD LOGS

MAXI BAGS OF SOFTWOOD LOGS

NETTED BAGS

BRIQUETTES

LOG STORES



**HOT
PRICE!**



**KEEP WARM FOR LESS THIS
WINTER**



BEST PRICES



**FREE DELIVERY WITHIN 10
MILES OF LN1 2JP
(ON HEATING PRODUCTS ONLY)**



WE SELL CALOR GAS!

01522 888784

WWW.LISTERSTIMBER.CO.UK



T.J.S. TREE SERVICES LTD

DOMESTIC • COMMERCIAL • UTILITY

All your tree needs

**Hedge & shrub work - from shaping
to complete removal**

**Weed killer spraying • Site clearance
All arisings removed and recycled**

City & Guilds, NPTC Qualified, £5 million Public Liability Insurance

For a free no obligation quote or advice, call Tom

01522 805109 • 07774 433679

www.tjstreeservicesltd.co.uk

**KEEP OUR
COMMUNITY
THRIVING...
USE **LOCAL**
SERVICES AND
BUSINESSES**

TM *Garden and Building Services*

25 Years Experience

Free No Obligation Quotes

- Complete Garden Clearance
- Concreting & Slabbing
- Fencing
- Small Tree Work
- Grass Cutting
- Power Washing
- Trailer Hire & Driver
- Gravel Drives

Call Tom on **07752 448010**



PAVING | LANDSCAPING | FENCING

Full Design & Landscaping Service

- Turf Laying
- Patios ● Resin
- Blockpave and Concrete Driveways
- Artificial Lawns
- Fencing
- Decking

*All work
Guaranteed
and full
written
Quotations*



Tel: 01522 775 145

www.landscapinglincoln.co.uk



HYKEHAM TURF AND TOPSOIL

Tel: 01522 775 145

www.landscapingstore.uk

Supply & Deliver of:

- Turf
- Topsoil
- Sand
- Gravel
- Limestone Hardcore
- Bark
- Compost & Top Dressing

We deliver loose or
Bulk bags





FULLERS

Landscaping

SPECIALISED SERVICES IN GARDEN DESIGN AND CONSTRUCTION

Backed by a highly-skilled and experienced team,
we've built our reputation on an ability to provide our clients
with professional, tailored **landscaping** solutions

"Contact us for a Garden Assessment"



SCAN ME

landscapinglincolnshire.com

landscapinglincolnshire@gmail.com

Call 01522 868717



Property and Garden Services

- Grass & Hedge Cutting
 - Garden Clearance
 - Tree Removal
 - Jet Washing
 - Shed Re-Felting
 - Fencing
 - Plumbing
 - General Repairs
- Call Dale for a
FREE no
obligation quote
on: 01522
801251 or
07947 342288
**Public liability
insurance held**
Competitive prices

What happens when you don't
advertise your Business.....

Nothing!

Call us today & get your phone ringing tomorrow

Call: **07856 376 061**

Advertising packages are available to suit all budgets with easy payment
terms and include free online and social media coverage.

LM TREE SERVICES

We are a family run business with many years experience
in tree care. We are safe and reliable specialising in pruning
and felling work.

- Tree Felling
- Topping
- Shaping
- Fruit Trees Pruned & Sprayed
- Hedges Trimmed
- All Garden Work Carried Out
- Rubbish Removed

Call Lee
Tel 01522 718112
Direct 07473 134974
Email: lmtreeservices1@outlook.com

FREE ESTIMATES GIVEN
(with no obligation)

Spinney Farm Shop

Home Grown Potatoes

Fresh home grown seasonal vegetables.
Hay, Straw & Free range eggs.

LOGS NOW AVAILABLE

Tel: 01522 703865

Mon - Sat: 9.00 - 5.00 Sunday - Closed
Spinney Farm (Nr Saxilby) on the B1190
between Doddington & the A57

www.spinneyfarm.co.uk

Marston & Pask Fencing and Garden Services

What We Do:

- Tree Pruning and Removal.
- Hedge Trimming and Removal.
- Fencing.
- Garden Maintenance.

Family Run Business with over 40 Years Experience.

Call: 01522 693214 - 07398 685528



H&L

GARDEN MAINTENANCE



- Patios • Paths • Driveways • Fencing • Gates
- Decking • Pergolas • Turfing • Artificial grass
- Timber framed structures • Raised beds
- Decorative aggregates

Environment agency registered waste carrier, fully insured, all work guaranteed

For a free no obligation quote, contact Mike on 01522 398942 or 07827 389334
LandscapePro1978@outlook.com



Follow us on instagram



B Knight & Son Ltd

Timber Merchants & Manufactures



Gates, Fencing, Garage Doors, Automated Gate Systems, Aged Decorative Oak Timbers, Hardwoods, Treated Softwoods, Decking, Cabins, Garden Furniture, Sheet Materials, Tools & Firewood.

All Enquiries Welcome.

Tel: 01522 754207

Email: sales@b-knightandson.co.uk
www.b-knightandson.co.uk

30 Main Road, Langworth, Lincoln, LN3 5BJ

Bringing Timber To You Since 1874



Please telephone Darren for a FREE estimate with no obligation on: 0800 8589060 or direct on: 07940 445174
dwtreeandlandscapes@outlook.com

- Trees felled, topped & pruned
- Turf removed & gravel/bark put down
- All conifers topped
- Hedges pruned & trimmed
- Fully insured
- All rubbish removed
- Registered waste carrier



DAMP COURSING TIMBER TREATMENT SPECIALIST
MOULD CONTROL VENTILATION REMEDIAL WORKS

Mobile: 07415 666 604

paul@pndampproofing.co.uk

Over 25 years experience **Lincolnshire Area**



FOOTBALL FINANCE

How much are non-league players paid?

THE National League has transformed over the last few years. While still the lowest nationwide division in the English football pyramid, the fifth tier has been rebranded as the 'National League', having previously gone by the 'Conference National' name.

The National League saw its audiences grow considerably in 2022-23 behind the Hollywood backing of Wrexham. A fierce title race between Wrexham and Notts County drew audiences from all over the world.

There were just three semi-professional clubs in the National League in 2022-23, which shows how the league has evolved.

Previously thought of as the bridge between the semi-pro and professional leagues, the National League is almost exclusively professional at the time of writing.

Interest has increased, and some big-name clubs have plied their trade in the fifth tier over the years, including Salford City, Southend United and many others.

What is the average National League salary?

The average National League weekly earnings are between £1,000 and £1,500. This varies year-on-year, however, and there will be considerable variation between National League salaries in any given season.

Just as you'd see in the Premier League, there will be a chasm between the highest and lowest earners.

Of course, figures from the 2022-23 season show that plenty of players earned north of £2,500 per week, which would be a decent pay packet for some Football League clubs.

National League salaries compared to Football League

Unsurprisingly, National League players earn far less than their counterparts in the top four tiers.

Even using the upper National League average of £1,500, it still comes in well below League Two at £2,500.

Average wages in League One hover around £5,000 per week,

and jump closer to £10,000 in the Championship.

The Premier League is home to dozens of players on six figures per week, with several pocketing over a quarter of a million pounds a week.

Is the National League professional?

Throughout most of the history of the National League, it was regarded as a semi-professional competition. Clubs generally became professional when they earned promotion to the bottom division of the Football League.

The number of longstanding Football League clubs falling into the National League has seen a blurring of those lines.

In 2022-23, 21 of the 24 teams were professional, resulting in something of a grey area when classifying whether the National League is professional or semi-pro.

The standard of the football and quality of facilities has improved considerably with greater professionalisation, and there may well be more money poured in through the remainder of this decade.

Advertising
Rates
From Just
£22pm

Inside Lincs Magazines

Delivered **FREE** to over 18,000 affluent homes & businesses in
& around Lincoln - **EVERY MONTH.**



Two quality MONTHLY publications

FREE Design

FREE Social Media Exposure

FREE Online Exposure

FREE Monthly Newsletters

Why not
give us
a go?

Speculate to accumulate!

Tel: 07856 376 061

E: nigel@insidelincs.co.uk

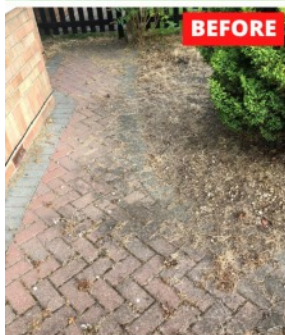
W: www.insidelincs.co.uk

NO VAT
Easy
Payment
Options



YOUR LOCAL

DRIVEWAY & ROOF CLEANING SPECIALISTS



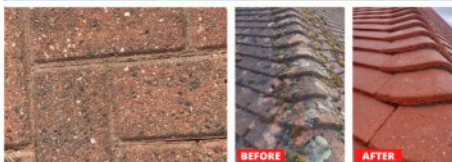
BEFORE



AFTER



LOOK OUT FOR OUR VANS!



BEFORE

AFTER



QUARTERLY MAINTENANCE PLANS AVAILABLE

For a fraction of the cost, keep that drive looking great. Never worry about the weeds and moss again!



NO PRESSURE WASHING, EVER!

Our speical machine cleans your drive without the mess and water consumption of a pressure washer!



**SCAN ME FOR A
FREE QUOTE**

THE BEST YOUR DRIVE CAN GET

01522 275200 *call for a free quote*



**NOW IN YOUR
AREA**

WHY NOT FOLLOW US ON SOCIAL MEDIA FOR DAILY UPDATES?



@themossmanuk



The Moss Man

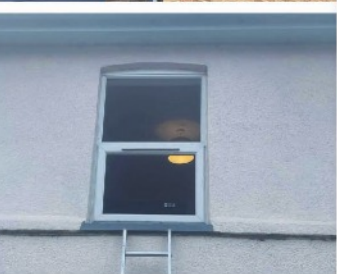


@themossmanuk

WWW.THEMOSSMAN.CO.UK



DANIEL@THEMOSSMAN.CO.UK



**Glenn
Blewitt**

**Fascias, Soffits
& Guttering Ltd.**

**uPVC FASCIAS,
SOFFITS &
GUTTERING**

Cladding • Windows
Doors • Joinery &
Building Services

Damaged and rotten fascias, soffits and guttering can lead to expensive and time-consuming repairs to your home, as poorly-protected roof rafters are vulnerable to wood rot or fungus.

We offer a complete package, and with 25 years of experience, can be relied on to do the 'job' right.

Before replacing any uPVC fascias and soffits, we always fully remove and replace all old timber and never overlaid your existing fascias.



CALL US TODAY
FOR YOUR

FREE

NO OBLIGATION
QUOTATION

**07900
595558**

**10
YEAR
GUARANTEE
ON ALL
INSTALLATIONS**

Find us on



and



glennblewittfascias@hotmail.co.uk